



Date: Sunday October 18, 2026

Location: Whittier Park - 836 Rue St. Joseph

Volunteers required for course marshals. Marshals will receive additional entries in the LBS prize giveaway below. Please contact Gary at gsewell@mts.net

Before coming out to the race make sure to check the [CrossTastic blog](#) for last minute updates.

We are guests of the city. Please treat the area and other park users with respect. The washrooms are for use of the toilet and washing your hands, not for cleaning dirty equipment or clothing. Leaving a mess jeopardizes our future use of the park. Anyone who does so will be disqualified without refund.

If the weather is wet please don't ride our course in the days after the race. Leaving muddy ruts jeopardizes our future use of the park.

Support Your LBS Draw Prize Giveaway

- Because local bike shops are cool and none of this would happen without them we like to give money away to show our appreciation to them.
- All paying racers are automatically registered.
- Draw will take place after course tear down and medal presentations.
- Must be present to win.
- Top prize: \$1000.
- Complete rules will be forwarded to winners.
- Volunteers will receive extra entries. Last year's \$1000 winner was a volunteer.

Who Can Race?

Only riders with MCA/UCI race licences may take part in Provincial Championship races - there are no open races. Day permits are not available except for the Kids Fun Race.

As a provincial championships, all categories are based on age. You race against your biological peers. There are NO ability based categories.

Note that although each race will combine several age categories (see race day schedule below) , your competition is only the riders in the same age group as you.

ALL CATEGORIES ARE BASED ON YOUR AGE AT THE END OF 2027.

Women:

- U15
- U17
- Junior (17 and 18 year olds)
- U23 (19-22 year olds)
- Senior/Elite (19+)
- Master 30-39
- Master 40-49
- Master 50-59
- Master 60-69
- Master 70+

Men / Open:

- U15
- U17
- Junior (17 and 18 year olds)
- U23 (19-22 year olds)
- Senior/Elite (19+)
- Master 30-39
- Master 40-49
- Master 50-59
- Master 60-69
- Master 70+

Kids Fun Race:

- Non championship kids fun race. Must have a KOM licence or can purchase a day permit ONLINE when registering. Day permit are only available for the Kids Fun Race and are not available on race day.
- Free

Seeding:

Seeding will take place within each age group for those that register by the end of Friday October 16th. Late registrants will be placed at the back of their age group.

Registration:

- Registration is online only through Zone 4. See the link on the CrossTastic page.
- There is no walk-up or in person registration. All racers (including kids in the fun race) must register online.
- Registration closes 11:59 pm Friday October 16, 2026 (there's actually a late registration window until 8 pm Saturday, but it'll cost you an extra \$20 as it's a pain for everyone involved, so save the twenty bucks and just do it by Friday).
- U15, U17: \$40
- Junior and older: \$50

Included in the above are the MCA Cyclocross Committee levy, Provincials levy, and timing system rental. Not included are processing fees. Registration fees are not refundable except in the event of race cancellation in which case the race registration fee minus processing fees will be refunded.

Sign-In

- All riders regardless of pre-registration must show their racing licence and sign-in with the commissaires on race day.
- Sign-in closes 30 minutes before your race (Kids Fun Race - 15 minutes).

Race Day Schedule

- 10:00 registration desk opens
- 10:30 course open to pre-ride (only once announced)
- 11:30 race 1 - Men: U15, master 40-49, master 50-59, master 60-69, master 70+
- 12:30 course open for Kids pre-ride (+1 accompanying adult)
- 1:00 Kids Events: (U11 kids and younger, then U13 kids with less racing experience)
- 1:30 course open to pre-ride (only after announced). Time is tentative.
- 2:15 race 2 - Women: All women's age groups
- 3:15 race 3 - U17 men, junior men, U23 men, elite men, 30+ men

Within each race there will be a slight stagger between each age group to separate riders.

Although riders from a number of different age groups will race at the same time, you are only competing against those in your age group. For example, although U15 men, 50-59 year old men, and 60+ men will all race at 11:30 there will be separate results for each.

Pre-Riding / Course Inspection

- All racing involves some risk. It is the rider's responsibility to pre-ride/inspect the course before racing to become acquainted with all aspects of the course.
- The Kids Pre-Ride (12:30-1:00 is for kids only (+ one accompanying adult if desired).
- Pre-riding immediately prior to the A, B, and C events is open to all racers.
- The race announcer will announce when pre-riding is open.
- Pre-riding the course before it is announced as open may result in disqualification.

Technical Requirements:

For all racers:

- Cyclocross has specific rules pertaining to bike equipment. We have traditionally allowed the use of mountain bikes to allow participation. However, as mountain bikes may create an unfair advantage, in final finish placings riders using a mountain bike will be placed behind riders using the proper equipment.
- A safe bicycle in good working order is required. The Commissaires at their discretion may exclude any bike that is deemed unsafe - no refund will be given.
- A CSA approved cycling helmet must be worn at all times while on the course.
- A racer is not allowed to wear a uniform of a trade team that they are not a member of.
- Riders may not take any kind of aid (mechanical, nutritional, or otherwise) from anyone else anywhere on the course except in the pit.
- In the event of a mechanical a rider may not backtrack and must proceed in the direction of the race course (and must not cut part of the race course) until they reach the pit. This means if they are even just past the pit they must proceed in the race direction until they reach the pit again. Within the pit riders may double back.

- ends of bars must be plugged
- bar ends are not allowed

Additional requirements for kids fun race

- may use a mountain bike, cyclocross bike, or road bike
- if using straight bars, ends of bars must be plugged
- if using straight bars, bar ends are not allowed

Assembly and Seeding:

Riders will assemble 10 minutes before the scheduled race start and will be seeded according to race officials. The race course with location of the race start will be posted on the CrossTastic blog the night prior to the race.

Medal Presentations:

Medal presentations will take place after conclusion of the last race and after most of the course has been torn down. In a rush? It goes much quicker when everyone chips in.

Course Tear Down:

Course tear down will take place immediately after conclusion of the last race. It's a cross tradition for racers and spectators to help with tear down. It's part of the community.

Volunteers:

Cyclocross races require a tremendous number of volunteers. Without volunteers these races can't happen. We require volunteers to work as course marshals for 1 race shifts. If there's a family member or friend you need to watch race, we'll work around it. And as a bonus you'll receive an extra couple of draw tickets. If you can help please contact Gary at gsewell@mts.net.

Raceday Preparation:

You are responsible for your own preparation. Water, energy drinks, gels, etc. will not be provided.

Parking:

There is ample parking. Please do not park on the road within the park.