MENNOCROSS RACE GUIDE

Date: Saturday September 19, 2026

Location: Canadian Mennonite University
500 Shaftesbury, Blvd. Winnipeg, MB

Presented by: Dark Red Racing

General Information

Mennocross CX Race
Date:
Time: 9:30 AM
Location: Canadian Mennonite University

Event Contacts

Name	Email	Phone	Position
Charlene Guenter	darkredracingmb@gmail.com		Organizer
Chris Huebner	darkredracingmb@gmail.com		Organizer
Ski Patrol – Richard	richard.asselin@skipatrol.ca		First-Aid

🚵 Event Details 🚵

Venue

Date: Saturday September 19, 2026

- Location: Canadian Mennonite University
- Address: 500 Shaftesbury, Blvd. Winnipeg, MB
- Parking: Parking lot available
- Registration/HQ: Registration and Race HQ location: North entrance
- Washrooms: Inside the building beside the gym

Food & Beverage

- Before and after racing, riders, teams, and spectators are encouraged to stick around and enjoy the onsite amenities.
- Food trucks are expected to be onsite.

Spectators

- Spectators are welcome and encouraged to come enjoy the racing. CMU provides an excellent viewing environment where spectators can watch the action while enjoying the onsite amenities.
- Please respect course boundaries and follow marshal instructions while watching the racing.

Registration

Online registration will be available through Zone4 - **https://zone4.ca/register.asp?id=42495**

- Race day walk-up registration will be accepted if completed at least 1 hour before your race start. A $20 additional fee applies for race-day registration.
- **This additional fee does not apply to the Kids race, although advance registration is strongly encouraged. A paper waiver must be completed on site if required.**

Registration Fees

Category MCA Licensed Racer Non-Licensed Racer

- Kids FREE (U13) + $5 Day Permit
- U17 $35 + $10 Day Permit
- Adults $45 + $35 Day Permit

Day Permits

- Day permits are available for eligible categories.
- Day permits DO NOT provide sport accident or liability insurance for the permit holder. They are in place to protect the MCA, race organizers, volunteers, and licensed riders.
- Participants are strongly encouraged to consider purchasing a full MCA Provincial Race License.
- Racers may purchase up to three (3) day permits per year. After three single-event permits, participants must upgrade to a full MCA Race License

Check-In

- Registration opens at: 9:30 AM
    - Please bring:
    - MCA/UCI licence (if applicable)
    - Photo ID (if required)
- Registration closes: 30 minutes before your event

Schedule

Activity	Time
Registration & Sign-in Opens	9:30 AM
Course Open for Pre-Ride	9:30 AM – 10:00 AM
Kids Event	10:15 AM – 10:50 AM
Course Open to pre-ride	11:00 AM – 11:30 AM
B Event:	11:40 AM – 12:20 PM
B Event Awards and Open Course	12:30 PM – 1:00 PM
A Event:	1:10 PM – 2:10 PM
A Event Awards and Open Course	2:20 PM – 2:50 PM
C Event:	3:00 PM – 3:30 PM
C Event Awards	3:40 PM

**Start Times: Times may change slightly at the discretion of the race organizer and commissaires.*

Race Categories

Category Duration Start

- Kids (U9/U13 if numbers allow) 15–20 minutes
- CX 3 Men / CX 1/2/3 Women 40 minutes
- CX 1/2 Men 60 minutes
- CX 4 Women / U17 Men & Women 30 minutes

Course

Overview

- The course will be very similar to previous years running on both the north and southside of the building

Pre-Ride

- The course will be open for pre-riding during designated times in the schedule.
- Riders must follow marshal instructions and respect any course restrictions.

Race Day Information

Number Pickup

- Please bring your race numbers from last year.
- Riders without their numbers from the prior year will be able to pick up a new set at sign-in.

Number placement

- The one large number should be placed in the center of your mid-back, on your jersey pockets. The two smaller numbers should be pinned to your sleeves and positioned so they are visible. The timing chip should be attached to your fork blade. The required side will be announced on race day.

Call-Ups

- Call-ups will be determined using points from the previous race. Riders entering their first season of racing, or racing in a new category, will be seeded at the back.

Staging

- Riders should report to staging approximately 10 minutes before their race start.

Race Regulations

- This race is sanctioned by the Manitoba Cycling Association (MCA), which ensures it is run according to MCA and UCI regulations.
- Sanctioning provides an officially recognized, insured, and safe competition. Participants in C, B, and A events must hold a valid MCA, Provincial, or UCI race license, or a single-event day permit.
- All racers are expected to follow MCA rules to maintain the integrity and safety of the event. Please consult current UCI, Cycling Canada (CCA), and MCA rules for all applicable regulations.

Equipment Rules

- Helmet required at all times while riding on or off course.
- Bicycle must have working front and rear brakes.

- Riders must comply with MCA and UCI equipment regulations.
- A and B events require cyclocross-style bicycles.
- Maximum measured tire width of 33 mm.
- Road-style handlebars required. Straight bars are not permitted (maximum width 50 cm). C event riders (CX4) may use mountain bikes that comply with UCI MTB standards, including: No bar ends.
- No studded tires.
- At least two functioning brakes.
- No aero bars.

Additional Event Rules

- Riders must act respectfully and safely toward other racers, volunteers, officials, and spectators. Riders must allow faster competitors to pass without obstruction.
- Riders are responsible for any accidents they cause.
- Riders may not leave the marked course unless directed by race officials.
- If a rider accidentally leaves the course, they must re-enter where they exited.
- Riders entering the pit area must follow the designated route.
- Riders may not leave the course or travel backward on the course to access the pit area.
- Riders entering the pit area must dismount before entering and may only remount after exiting the pit area.
- The organizer and/or officials retain the right to refuse any rider from participating.

Rider Safety

- Ride respectfully.
- Follow marshal and official instructions.
- Report withdrawals to race officials.
- Be aware of spectators and other riders around the course.

Results & Awards

- Results will be posted following each race category.
- Official results will be available through MCA timing/results systems.
- Awards will be presented after each race category.
- Prizes will be awarded to the top three finishers in each category where numbers permit. Youth category prizes will be awarded according to event guidelines.
- Protests must be submitted according to MCA/UCI regulations.

Frequently Asked Questions

- Can I register on race day?
    - Yes. Race day registration is available if completed at least 1 hour before your race start. A $20 additional fee applies (except Kids races).
- Can I pre-ride the course?
    - Yes. The course will be open for pre-riding during scheduled course-open times.
- What bike can I use?

    - A and B events require cyclocross-style bicycles meeting UCI requirements. C event riders may use compliant mountain bikes.
- Are day permits available?
    - Yes. Day permits are available for eligible categories.
- Where do I park?
    - Parking is available in the CMU parking lot or surrounding residential streets

Insurance / Liability
The MCA carries Sport Liability insurance and each licensed participant holds sport accident insurance. A certificate of insurance can be provided upon request

Policies*
Refund Policy: All registrants will have the opportunity to purchase the Optional Refund Insurance during the registration process. Please note this is a third-party provider and a separate refund policy from the Event Refund Policy described above.

Event Cancellation Policy: Dark Red Racing in accordance with municipal and provincial authorities, as well as regional law enforcement, reserves the right to cancel or alter any of the events due to unforeseen circumstances such as, but not limited to weather events and related consequences (e.g., flooding), hostile threats, highway closures mandated by provincial or other authorities, health and safety concerns. If such conditions force cancellation, refunds cannot be provided since funds will have been spent in preparation for Event Day.