



VELOCROSS 2026

RACE GUIDE

Date: Sunday, October 4, 2026

Location: La Barriere Park, 4403 Waverley St., La Salle, MB

Presented by: Velodonnas

Amenities

-  Parking available on site
-  Washrooms available on site
-  Water will not be provided. Please bring your own.
-  Food will not be available. Please bring any snacks, meals, or nutrition you require.

Spectators

Spectators are welcome.

Please:

- Respect course boundaries.
 - Follow marshal instructions at all times.
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Registration & Check-In

Online Registration

- Register through Zone4.
- Online registration closes **Friday, October 2, 2026 at 11:59 p.m.**

Race Day Registration

- Available up to **1 hour before race start.**
- Additional **\$20 fee** applies (excluding U13 Kids).
- Walk-up registrants must complete the waiver using the QR code provided on site.

Registration Fees

Category	MCA Licensed	Non-Licensed
U13 Kids	Free	Free + \$5 Day Permit
U17	\$35	\$35 + \$10 Day Permit
Adults	\$45	\$45 + \$35 Day Permit

Day Permits

- Available for eligible categories.
- Maximum of **3 day permits per year**.
- After three permits, riders must purchase an MCA Race Licence.
- Day permits do **not** provide sport accident or liability insurance.

Check-In

Opens: 9:00 a.m.

Closes: 30 minutes before your race start.

Bring:

- MCA/UCI licence (if applicable)
- Photo ID (if required)

Race Day Schedule

Activity	Time
Registration Opens	9:00 AM
Pre-Ride	9:00 - 9:45 AM
U13 Kids – 15 – 20 minutes	9:45 - 10:30 AM
Pre-Ride	10:30 - 11:00 AM
B Event – 40 minutes	11:10 - 11:50 AM
B Awards / Pre-Ride	12:00 - 12:30 PM
A Event – 60 minutes	12:40 - 1:40 PM
A Awards / Pre-Ride	1:50 - 2:20 PM
C Event – 30 minutes	2:30 - 3:00 PM
C Awards	3:10 PM

Times may change at the discretion of the organizer and commissaires.

Race Day Procedures

Number Pickup

- Bring your race numbers from last year.
- Replacement numbers are available at sign-in.

Number Placement

- Large number: center of jersey pockets on lower back.
- Small numbers: one on each sleeve.
- Timing chip: attach to fork blade as directed on race day.
- Lost timing chips will incur a \$100 replacement fee.

Staging & Call-Ups

- Report to staging **10 minutes before your race**.
- Riders will be seeded according to the 2026 seeding list and previous race results.
- New racers or riders entering a new category will start at the back.

Technical Requirements

Regular Cyclocross rules will be enforced. For example, all racers in the 'A' and 'B' events (Cat 1/2/3) require a Cyclocross style bike. This means:

- Maximum width of tires = 33 mm measured
- Road style handlebars (NO straight bars)
- Maximum width of handlebars = 50 cm

Racers in the C Race will be allowed to race on a mountain bike if you don't have a cross bike.

A safe bicycle in good working order is required. The Commissaries can exclude bikes that are deemed unsafe. A proper cycling helmet must be worn at all times...NO EXCEPTIONS (i.e. while training, racing, riding around the staging area, in the parking lot, etc.)

Everyone riding on the course during scheduled Pre Ride/training times MUST have a current MCA/UCI Race license (UCI or Citizen License) or day permit. Non members or those without a day permit are not permitted to operate a bicycle on the course during scheduled event times.

All racers must operate a bicycle with both front and rear working brakes.

It is a racer's responsibility to know the race course and the number of required laps before the race starts. Marshalls are not obligated to give out directions to confused riders.

Sleeveless jerseys are NOT allowed.

Handlebars must have end caps. Kickstands should be removed. Water bottle holders must be secured in appropriate locations on the bicycle frame or seat post.

Before the race, know exactly where the finish line is situated. Your finish time is recorded on the finish line. Do not stop your race until you cross the finish line. Once finished, exit the area immediately.

The finish line is for finishers. Never cross the finish line twice.

If you leave the race for any reason you MUST alert one of the Commissaires as soon as you are able. It is not fun to look for a "lost" rider who has left the race course unannounced.

Glass containers are not allowed on the course, including the feed zone.

Please walk your bicycle in the parking areas & any other road ways adjacent to the race site.

Please walk your bicycle in the registration, spectator and staging areas.

Licensing

All riders on course during races or scheduled pre-ride periods must hold:

- An MCA/UCI licence; or
 - A valid day permit.
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Rider Conduct

- Ride safely and respectfully.
- Follow instructions from officials and marshals.
- Allow faster riders to pass.
- Riders are responsible for accidents they cause.
- The organizer may refuse entry or remove participants for safety or conduct reasons.

Course Rules

- Remain on the marked course.
- If you leave the course, re-enter at the same location.
- Do not ride backward on the course.
- Know the course and lap count before racing.

Pit Area

- Use designated pit access only.
- Dismount before entering.
- Remount only after exiting.

Venue Rules

- No alcohol permitted.
- No glass containers allowed.
- Walk bikes in parking, registration, staging, and spectator areas.

Withdrawals

If you leave the race, notify a Commissaire immediately.

Results

- Results will be posted following each event.
- Official results will be available through MCA and Zone4.

Awards

Awards will be presented following each race category.

Prizing

- A Race Men: Top 5
- B Race Men: Top 5
- B Race Women: Top 5
- C Race Men: Top 5
- C Race Women: Top 5
- C Race U17 Male: Top 3
- C Race U17 Female: Top 3

U13 participants will receive candy following their race.

Protests

All protests must be submitted in accordance with MCA and UCI regulations.



Additional Information

Cancellation & Refunds

If the event is cancelled, refunds may be considered on a case-by-case basis, less an administrative fee.

Insurance

The MCA carries Sport Liability Insurance, and licensed participants are covered by sport accident insurance.

Onboard Cameras

- Cameras may only be mounted to the bicycle.
- Helmet-mounted cameras are prohibited.
- Devices must be securely attached and approved by officials.
- Written permission is required before posting footage of a crash involving other participants.
- Riders assume responsibility for any damage, injury, or equipment loss relating to onboard technology.