

MENNOCROSS

2026 Race Guide

Date: Saturday September 19, 2026

Location: Canadian Mennonite University 500 Shaftesbury,
Blvd. Winnipeg, MB

Presented by: Dark Red Racing



1) Registration:

- **Online Registration Link:**
- **Race Day (walk-up) Registration:**
Walk-up registration is accepted if you arrive at least 1 hour before your race start and pay an additional \$20 on top of the listed fees. (This does not apply to the Kids' race, though advance registration is strongly encouraged to help commissaires and reduce stress for the kids.) **A paper waiver must be signed on site.**
- **Day Permits:** Accepted

IMPORTANT: Day Permits: Day permits DO NOT provide sport accident or liability insurance for the permit holder. Rather, they are in place to "Protect" the MCA, the Race Organizer and volunteers, and licensed riders. We strongly encourage all participants to consider the benefits of a full "MCA Provincial Race License". Racers may purchase up to three (3) day permits per year. After three (3) single event permits, participants must upgrade to a full MCA Race License.

2) Fees:

MCA Licensed Racers:

- Kids FREE (under 13 years of age)
- U17 \$35
- Adults \$45

NON-Licensed Racers:

- Kids FREE plus \$5.00 Day-Permit
- U17 \$35 plus \$10.00 Day-Permit
- Adults \$45 plus \$35.00 Day-Permit

3) Race Organizer:

- **Contact:** Charlene Guenter & Chris Huebner
- **Email:** darkredracingmb@gmail.com



4) Race Details:

- **Race Format:** Cyclocross race, mass start by category. Time and laps depend on category.
- **Race Course:** The course will be between 2.5 and 3 km in length. The length will be determined by the weather for that day. The surface will be a combination of grass, dirt, and gravel. The course is a combination of rolling and flat sections.
- **Sign-In:** Opens at 9:30 AM and closes 30 minutes before your event.
- **License:** UCI/CCA or Manitoba/Provincial race license required. A single-event day permit may be purchased for the C, B, or A events.
- **Day Permit Placement:** Contact the Cyclocross Director (copy the Race Director) to confirm the correct category.
- **Waivers:** Completed online during registration.

5) Schedule:

Time	Event	Notes
9:30 AM	Registration & Sign-in	• Registration opens at 9:30 AM • Registration closes 30 minutes before your event • Arrive early to sign in and pick up your timing chip
9:30 AM – 10:45 AM	Course Open to pre-ride	
11:00 AM – 12:00 PM	Kids Event Two kids' races: U9 & U13 (if numbers allow)	Duration of event: 15 – 20 minutes
12:00 PM – 1:00 PM	Course Open to pre-ride	
1:00 PM	B Event: CX 3 male CX 1/2/3 female	Duration: 40 Minutes
2:00 PM	B Event Podium	
2:15 PM	A Event: CX 1/2 Male	Duration: 60 Minutes
3:30 PM	A Event Podium	
3:45 PM	C Event: #1 CX 4 female U17 Male & Female	Duration: 30 Minutes
4:30 PM	C Event Podium	

6) BIB NUMBERS

- If you do not have a number, one will be assigned to you on race day. Please come at a minimum of 1 hour before your race time.



7) Race Regulations:

- All racers bikes must operate a bicycle with both front and rear working brakes.
- All racers must wear a CSA approved helmet while riding on OR off-course (even the parking lot).
- Riders shall act and race with caution and respect for their fellow racers. They shall be held responsible for any accidents that they cause.
- Racers must have their license with them at all times during a race event.
- A racer must act in a sporting manner at all times and shall permit any faster rider to overtake without obstructing.
- UCI/CCA/MCA Provincial license or single-event day permit required
- A and B events (CX1/2 Men, CX3 Men, and CX1/2/3 Women) must have a cyclocross style bike.
 - Max tire size if 33mm as measured in the wheel not based on what is printed on the tire.
 - Road style handlebars NOT straight bars (max width of bars 50 cm).
- Riders in the C (CX4 men, CX4 women) will still be allowed to use mountain bikes that conform to UCI MTB standards (i.e. no bar ends, no studded tires, at least two functioning brakes, no aero bars, etc.)
- The organizer and/or officials retain the full right to refuse any racer from racing.
- ***Please consult the [UCI](#) and [CCA](#) rules to see all applicable rules and regulations***

8) Venue & Amenities

- **Parking:** Parking is available at the site. Please park on the west side of the parking lot north of 500 Shaftesbury Blvd.
- **Lunch:** There will be food trucks available. See [here](#) for a full schedule of events. There is also a café in folio which is in Marpeck Commons (library building) at the South end of the race course.
- **Washrooms:** Washrooms will be available inside the university.
- **Farmers' and Makers' Market:** 11:00am – 5:00pm
- **Courtesy and Safety:** Please note that the race will be happening in conjunction with CMU's Fall@CMU, so there will be plenty of other people around – some may not realize there is a race going on so keep your eyes open and watch out for pedestrians!

*** MCA Sanctioned Event ***

This race is sanctioned by the Manitoba Cycling Association (MCA), which ensures it is run according to MCA and UCI regulations. Sanctioning provides an officially recognized, insured, and safe competition, requiring participants in C, B, and A events to hold a valid MCA, Provincial, or UCI race license, or a single-event day permit. All racers are expected to follow MCA rules to maintain the integrity and safety of the event.

