



## Morden Back 40 MTB Race

### Race Guide

**Event Date:** June 7<sup>th</sup>, 2026  
**Presented by:** Country Cycle

#### Registration:

- **Online registration** is available at Zone4.
- **Payment Options:** Online or race day registration (exact cash on race day please).

#### Race Contacts:

- Luke Brodland  
**Email:** [thebrodlands@gmail.com](mailto:thebrodlands@gmail.com)  
**Phone:** (204) 361-6165

#### Race Details:

- **Location:** Lake Minnewasta Recreation Area (Colert Beach), Morden, Manitoba.
- **Driving Directions:**  
Head west on Highway 3 through Morden, turn south at the Super 8 Motel onto Colert Road and enter through the Camp Ground Gate. Please tell them you are there for the Back 40 Race or to pre-ride the trails. Once through the gate, keep heading straight (right) go past the campground and beach area until you get to the dead end, turn right on Leslie Drive (probably no sign for Leslie Drive). The start of the trails is along the lake, about 100 meters from the corner.

#### Eligibility:

- **MCA licenses are NOT required** – all racers are welcome!
- **Day permits are available.**
  - **U13:** \$5.00
  - **U17:** \$10.00
  - **18+:** \$35.00

**IMPORTANT:** Day permits DO NOT provide sport accident or liability insurance for the permit holder. Rather, they are in place to “Protect” the MCA, the Race Organizer and volunteers, and licensed riders. We strongly encourage all participants to consider the benefits of a full “MCA Provincial Race License”.

Racers may purchase up to three (3) day permits per year. After three (3) single event permits, participants must upgrade to a full MCA Race License.

## Categories:

### 80 KM MARATHON (5 LAPS)

- **Category:** Adult (18 and over), male and female categories.
- **Experience Level:** Must be an experienced MTB racer. No first-time racers.

### 32 KM XC – (2 LAPS)

- **Category:** Ages 13+, male and female categories.
- **Experience Level:** Intended for experienced racers.
- **Age Categories:**
  - 13 – 29 years
  - 30+ years

### 16 KM XC – (1 LAP)

- **Category:** Ages 13+, male and female categories.
- **Experience Level:** Suitable for first-time racers or those looking to have fun. •
- **Age Categories:**
  - 13 – 29 years
  - 30+ years

### Youth Racers from U13 – U17

- May choose to enter either the 1-lap or 2-lap XC categories and WILL race with adults. •
- **Recommendation:** First-time racers should choose the 1-lap option.

### Kids Race (U7-U13)

- **Age Categories:**
  - U7 (6 in 2026)
  - U9 (8 in 2026)
  - U11 (10 in 2026)
  - U13 (12 in 2026)
- **Course:** Short kids' course (lap count based on age).
- **Race Duration:** 20-30 minutes max.
- **Minimum Age:** No kids under the age of 5.

## IMPORTANT:

**Parental Requirement:** A parent or guardian must be present with their child at registration to sign them in and must remain on-site for the duration of the race. (And don't forget to cheer for all the racers!)



### Race Day Schedule:

Time	Event
8:00 am	Registration Opens (Participants must sign in at least 30 min before your race)
8:00 – 9:00 am	Adult Pre-Ride
8:30 – 9:00 am	Kids Pre-ride (U7, U9, U11, U13)
9:30 am	80km Marathon Start (5 laps)
9:35 am	Kids Race - (U7, U9, U11, U13)
12:00 pm	32km XC Start (2 laps)
12:30 am	16km XC Start (1 lap)

### Race Fees:

Category	Pre-Registered	Race Day Registration
80km Marathon	\$45.00	\$65.00
32km / 16km (U13-U17)	\$35.00	\$55.00
32km / 16km (Adults)	\$45.00	\$65.00
Kids Race (U7 – U13)	FREE	FREE

- **Parents must register their kids and be present while they race.**
- Race-day walk-up registration is available for kids.

### Pre-Registration & Race Day Check-In

- **Pre-registration Deadline:** June 5<sup>th</sup> @ MIDNIGHT
- **Race Day Registration:** Opens at 8:00 am and closes 30 minutes before your race start time.
  - Kids Race: 8:00-9:05am (Start time 9:35am)
  - 80km: 8:00-9:00am (Start time 9:30am)
  - 32km 8:00-11:30am (Start time 12:00pm)
  - 16km 8:00-12:00pm (Start time 12:30pm)
- **Check In:** All registered riders (including pre-Reg) must "Check-in" at the registration table during the registration period for their class listed above. **If a racer does not have race # one will be given on race day.**

### **Awards:**

- Prizes will be given to the top 3 finishers in each adult category once all races have finished.
- **There will be draw prizes for all who pre-register!**

### **Race Course:**

- These are some of the most fun and flowing single track trails in Manitoba. You are either going up or down on the single-track sections. There are two sections of gravel road for a few miles in total each lap, otherwise it is pretty much a roller coaster of some of the best single track in Manitoba. There are over a dozen short to medium length bridges on the course. The surface is hard packed dirt.

### **Additional Race Information:**

- **Medic:** To be located at the start/finish line.
- **Food:** Burgers and a drink will be available for all racers. \$8 will cover burger, drink and side for non-racers.
- **Parking:** Follow driving directions, park grass where you can find a spot.
- **Washrooms:** Portable bathrooms will be available on race day.

### **General Race Rules:**

- All racers must wear a CSA approved helmet while riding on OR off-course (even the parking lot), before, during and after the race.
- It is the racer's responsibility to know where to "lap" and where to "finish", if you do not know ask the officials during Staging on the starting line BEFORE your race. It is not the commissaires' responsibility to tell you where to lap or finish during the race, but we will try to help.
- All racers who do not finish MUST report to the officials at the Finishing Line to let them know they are not finishing.
- All racer's must operate a bicycle in good working order, with both front and rear working brakes.
- Racers will NOT be permitted to pre-ride or ride on the course once the 80 km Marathon race has started at 9:30am on June 2nd. If you wish to pre-ride, the course will be marked by 3pm the day before the race or before 9:00 am on June 2nd.
- Racers shall act and race with caution and respect for their fellow racers. They may be held responsible for any accidents that they cause.
- A racer must act in a sporting manner at all times and shall permit any faster rider to overtake without obstructing or blocking in any way (so basically, let faster riders pass you, do NOT obstruct or block them in any way, hold your line). "Blocking" Won't win you this race.
- If a rider exits the course for any reason, he/she must return to the course at the same point from which they exited (you must stay on the course, no short cuts on unmarked corners either). STAY ON THE TRAIL.
- Music players and electronic devices are NOT allowed by any racers during any events.
- Handlebars must have end caps.
- Glass containers are not allowed on the course, including the feed zone. ▪ Spectators should not be on the actual trail of the course if possible. They are welcome to spectate from the sides of the course, but must be careful not to impede any racers. ▪ Spectators cannot help or assist racers with mechanicals.