



**Cycling for All - Annual Report
Annual General Meeting
November 19, 2025**

MCA Board Member	
Twila Fillion	
Accomplishments	
• The Women’s Subcommittee for Safe & Inclusive Sport was created in response to survey results from late-2024. • Successful Road, Mountain Bike and Cyclocross Race Clinics offered to both members (\$0) and non-members (\$5) with 27 participants across the disciplines. - o The majority of these clinic participants went on to race and become members. - o Low barrier & low cost for participants, high ROI for volunteer time commitment. • The Big Bike Film Night & Awards Presentation on Thursday, November 21, 2024 boasted good times with the community and 165 confirmed guests.	
Issues Resolved	



- The Women's Subcommittee for Safe & Inclusive Sport was created in response to survey results from late-2024.
 - Female ambassadors with pink t-shirts present at race events to encourage folks new & old to ask questions and connect with the MCA. These ambassadors are MCA members in good standing who participate in races, are knowledgeable about race rules and enthusiastic about the sport.
 - Female coaches were chosen to lead 2025 Race Clinics.
 - Mountain Bike Clinic for Girls was a success with 22 participants, with thanks to our partnership with Velodonnas and the W.R.E.N.C.H.

Goals for Next Year



- We are hoping to build on the Road Race Clinic from this year and offer a Saturday half day clinic in 2026 with a road race option the following day so that it is more convenient for out of town participants seeking a clinic to improve skills and a race to put it into practice.
- We will try to offer a Crit Race Clinic in Winnipeg in 2026. The Crit Race Clinic was cancelled this year due to smoke/low registration numbers.
- Mountain Bike Clinic for Girls — aiming to switch up the format and the venue as an improvement from this year. Participants are seeking a blend of mountain bike skills work, bike mechanics, dryland training ideas, general fitness and yoga/mindfulness.
- We would like to find a way to offer a subsidized bike mechanic clinic open to all MCA members.
- Complimentary bike valet option for the 2025 Big Bike Film Night & Awards Presentation. We would like to welcome 200 guests to the screening.
- Call for MCA Ambassadors so that there are enthusiastic, knowledgeable volunteers in the bright pink shirts at every MCA event/race in 2026.
- Lastly, and importantly, the Women's Subcommittee will work together with the MCA staff and board to implement an improved staging strategy for mountain bike races; particularly for our expert category women.