# **Emergency Action + Response Plan**

A cycling event is subject to accidents that can be minor (road rash), serious (broken collarbone) or potentially life threatening (vehicular collision).

A qualified and experienced first-aid responder will be on-site during the event and will be responsible to take charge of the situation and administering the proper response as needed. The responder will be equipped with a suitable first-aid kit to treat most common injuries that may occur during a cycling race.

This Emergency Action Plan (EAP) details what is believed to be the most appropriate response to an emergency should it arise during the event.

As part of the sanctioning requirements of hosting an event, the race organizer is responsible for submitting a written Emergency action/response plan to Manitoba Cycling in advance to the race and for ensuring their event volunteers understand the protocols identified.

## **CONTACT INFORMATION**

EVENT NAME: Raging Rooster Twilight Criterium
VENUE LOCATION: Birchwood Auto Park
EVENT DATE: 13/June/2025

#### **RACE ORGANIZER:**

NAME	CELL PHONE	EMAIL	
Chris Huebner	204-396-2900	ckhuebner@gmail.com	

### **RACE OFFICIAL (Commissaire):**

NAME	CELL PHONE	EMAIL
Kevin Hartle		
Candace Gauthier		

Reminder: Race Organizer and Official are responsible for reviewing the course layout in advance to identify potential hazards and mitigate any risk.

#### **MEDIC DETAILS:**

NAME	CELL PHONE	RADIO #
Ski Patrol	Richard Asselin	

ARE THERE ANY AREAS OF Yes	THE RACECOURSE OR VENUE U	JNREACHABLE BY CAR?
No <u>x</u>		
IF YES, HOW WILL YOU AC	CESS SOMEONE IF THERE IS AN	EMERGENCY?
AMDUL ANCE.		
AMBULANCE:		¬
NAME	PHONE	
Shared Health Manitoba	911	
S YOUR RACE VENUE SER Yes <u>×                                    </u>	VICED BY 911?	
PROVIDE INSTRUCTIONS T	O ACCESS VENUE:	
	od Auto Park (3965 Portage Ave). T chwood Chrysler Dodge Fiat Jeep R	
HOSPITAL (NEAREST TO RA	ACE VENUE):	
NAME	ADDRESS	PHONE
Grace Hospital	300 Booth Dr. Winnipeg	204-837-0111

Reminder: Race organizer provides course map to medical personnel.

#### **VOLUNTEER LIST:**

NAME	CELL PHONE	RADIO #
John Paul Peters		
Vanessa Peters		
Graham Wiebe		
Melissa Hyytiainen		
Rachel Huebner		

#### Reminders:

Ensure radios are charged prior to the event.

Map out where on course/route that marshals will be deployed.

Marshals wear a safety vest and may require a flag or stop sign.

Marshals are assigned a radio or have a charged cell phone.

Radios should also be carried by Race organizer, official (s), and medic at minimum.

If radios are used, volunteers must be trained on how to use radios (turn on, channel, etiquette).

## <u>Identify</u> any Risks, Mitigation, and Emergency Action which could occur at your event.

#### **EXAMPLES**

Risk	Mitigation	<b>Emergency Action</b>
Athlete crashes during race	<ul> <li>Locate traffic marshals at turn-around points on course.</li> <li>Use patrol vehicles (3) to inspect courses for issues and report on problems.</li> <li>RCMP is aware of event schedule.</li> <li>First-aid responder will be located at Finish line, with vehicle/driver available for response to any accidents on the course</li> </ul>	<ul> <li>Triage the scene.</li> <li>Slow racers heading into the scene (Marshal)</li> <li>Treat injuries as needed.</li> <li>Call 911 if required</li> </ul>
Athlete crashes during the finishing sprint	<ul> <li>Ensure that the finished area is free of parked cars.</li> <li>Have sufficient coast zone past the finish line</li> </ul>	• See above
Athlete withdraws from race due to illness	Provide water and shelter for athlete	<ul> <li>Keep athletes under medical supervision.</li> <li>Treat symptoms</li> <li>Call 911 if required</li> </ul>
Athlete loses consciousness during event	<ul> <li>Provide water and shelter for athletes.</li> <li>Monitor condition of athletes during event</li> </ul>	Call 911     Treat symptoms

		Keep athlete under medical supervision
Athlete loses consciousness during event	<ul><li>Provide water and shelter for athletes.</li><li>Monitor condition of athletes during event</li></ul>	<ul><li>Call 911</li><li>Treat symptoms</li><li>Keep athlete under medical supervision</li></ul>
Telephone access	• The first-aid responder, chief commissaire, and the organizer shall have immediate access to a telephone to contact emergency services	• As a back-up to cell phones, where is the nearest landline.
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	•	•
	•	•
	•	•
	•	•

OTHER NOTES:		

## **AGREEMENT**

*I, the event organizer, certify that all measures have been taken to:* 

- *Satisfy the terms of sanction.*
- Offer an event in which risk to participants has been minimized to a reasonable extent.

I understand that failure to observe MCA Standards may result in revocation of the right to host future sanctioned events in Manitoba. I recognize the right of the Manitoba Cycling Association to cancel the event if either MCA standards or CCA regulations have not been met.

<b>Host Club</b>	Representative (name): Dark Red Racing
	Chris Huebner electronically signed
Date: 23/	June/2025

EMAIL COMPLETED FORM TO MCA OFFICE AT LEAST 2 WEEKS PRIOR EVENT Cycling@sportmanitoba.ca