

**Emergency Action Plan
Schinken Vad Provincial MTB Race
July 6, 2025**

A cycling event is subject to accidents that can be minor (road rash), serious (broken collarbone) or potentially life threatening.

A qualified and experienced first-aid responder will be on-site during the event and will be responsible to take charge of the situation and administer the proper response as needed. The responder will be equipped with a suitable first-aid kit to treat most common injuries that may occur during a cycling race. There will be a transport vehicle to take first responder to nearest location of victim.

This Emergency Action Plan (EAP) details what is believed to be the most appropriate response to an emergency should it arise during the event.

As part of the sanctioning requirements of hosting an event, the race organizer is responsible for submitting a written Emergency action/response plan to Manitoba Cycling in advance to the race and for ensuring their event volunteers understand the protocols identified.

CONTACT INFORMATION

EVENT NAME: Shinken Vad Provincial MTB Race

VENUE: Gord Hamm's Trails

EVENT DATE: July 6th 2025

RACE ORGANIZER:

NAME	CELL PHONE	EMAIL
Cheryl Koop	204-324-0144	cherylkoop@gmail.com
Mike Hoeppner	204-362-2963	mike@641homes.com

RACE OFFICIAL (Commissaire):

NAME	CELL PHONE	EMAIL
Tim Klassen		timklassen57@gmail.com
Shanna Chan	204-889-8699	shannachan@icloud.com

Reminder: Race Organizer and Official are responsible for reviewing the course layout in advance to identify potential hazards and mitigate any risk.

MEDIC DETAILS:

NAME	CELL PHONE	RADIO #
Richard Asselin	204.793.2545	
richard.asselin@skipatrol.ca		

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Reminder: Race organizer provides course map to medical personnel.

ARE THERE ANY AREAS OF THE RACECOURSE OR VENUE UNREACHABLE BY CAR?

Yes

IF YES, HOW WILL YOU ACCESS SOMEONE IF THERE IS AN EMERGENCY? Morden Fire and rescue are aware that this event is happening, the location and aware of the challenging terrain. We have a 4 wheeler and a small side by side that can access the areas that are hard to reach.

AMBULANCE:

NAME	PHONE
Boundary Trails EMS	204-331-8800

IS YOUR RACE VENUE SERVICED BY 911?

Yes

PROVIDE INSTRUCTIONS TO ACCESS VENUE:

West of Morden on the #3 highway (4 miles west) turn North on 338 to Thornhill. Travel 1.5 miles and Gord Hamm's trails are on the east side of the road. (coordinates are 49.217581, - 98.226780)

HOSPITAL (NEAREST TO RACE VENUE):

NAME	ADDRESS	PHONE
Boundary Trails Health Centre	Junction of Hwy 3 and 14 (approx. 10-15min drive from venue)	Ph: 204-331-8800

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VOLUNTEER LIST:

NAME	CELL PHONE	RADIO #
Cheryl Koop		1
Mike Hoepner		2
Andrew Vanden Berg		3
Arlene Vanden Berg		4
Mariko Boorberg		
Angeline Hoepner		
Warren Thiessen		
Colleen Flyn		

Reminders:

Ensure radios are charged prior to the event.

Map out where on course/route that marshals will be deployed.

Marshals wear a safety vest and may require a flag or stop sign.

Marshals are assigned a radio or have a charged cell phone.

Radios should also be carried by Race organizer, official (s), and medic at minimum. If radios are used, volunteers must be trained on how to use radios (turn on, channel, etiquette).

Identify any Risks, Mitigation, and Emergency Action which could occur at your event.

The following contact information is also provided:

THIS AREA IS COVERED BY E911 SERVICE

Nearest hospital or clinic:

Boundary Trails Health Centre

Junction of Hwy 3 and 14 (approx. 10-15min drive from venue)

Ph: 204-331-8800

The First-Aid responder, the Chief Commissaire and the Organizer shall have immediate access to a telephone for this purpose. There will also be available reliable two way radios for medic and organizers

Risk	Mitigation	Emergency Action
Athlete crashes during race	<ul style="list-style-type: none">• Locate nearest marshals on course •Inspect course for issues and report on problem• First-aid responder will be located at Finish line, with vehicle/driver available for response to any accidents on the course	<ul style="list-style-type: none">• Triage the scene• Slow racers heading into the scene (Marshal)• Treat injuries as needed• Call 911 if required
Athlete crashes during the finishing sprint	<ul style="list-style-type: none">• Ensure that the finish area is free of obstacles• Have sufficient coast zone past the finish line	<ul style="list-style-type: none">• See above
Athlete withdraws from race due to illness	<ul style="list-style-type: none">• Provide water and shelter for athlete	<ul style="list-style-type: none">• Keep athlete under medical supervision• Treat symptoms• Call 911 if required
Athlete loses consciousness during event	<ul style="list-style-type: none">• Provide water and shelter for athlete •Monitor condition of athletes during event	<ul style="list-style-type: none">• Call 911• Treat symptoms• Keep athlete under medical supervision

DIRECTIONS FROM RACE SITE:

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1. leave yard site on gravel road heading south approx. 3km 2. Turn left(east) on

Hwy 3 approx 16km 3.Merge right(south) towards Boundary Trails Health Centre

approx. 500meters 4. Follow signs to Emergency Care(front entrance)

AGREEMENT

I, the event organizer, certify that all measures have been taken to:

- *Satisfy the terms of sanction.*
- *Offer an event in which risk to participants has been minimized to a reasonable extent.*

I understand that failure to observe MCA Standards may result in revocation of the right to host future sanctioned events in Manitoba. I recognize the right of the Manitoba Cycling Association to cancel the event if either MCA standards or CCA regulations have not been met.

Host Club Representative (name): Boundary Trails Nordic Club and Country

Cycle

Signature: Cheryl Koop

Date: June 19th 2025

***EMAIL COMPLETED FORM TO MCA OFFICE AT LEAST 2 WEEKS PRIOR
EVENT***

