

Emergency Action + Response Plan

A cycling event is subject to accidents that can be minor (road rash), serious (broken collarbone) or potentially life threatening (vehicular collision).

A qualified and experienced first-aid responder will be on-site during the event and will be responsible to take charge of the situation and administering the proper response as needed. The responder will be equipped with a suitable first-aid kit to treat most common injuries that may occur during a cycling race.

This Emergency Action Plan (EAP) details what is believed to be the most appropriate response to an emergency should it arise during the event.

As part of the sanctioning requirements of hosting an event, the race organizer is responsible for submitting a written Emergency action/response plan to Manitoba Cycling in advance to the race and for ensuring their event volunteers understand the protocols identified.

CONTACT INFORMATION

EVENT NAME: Purgatory 100

VENUE LOCATION: Cottonwood Campground – Trehern, Manitoba

EVENT DATE: Sunday June 22, 2025

RACE ORGANIZER:

NAME	CELL PHONE	EMAIL
Peter Lowen	204-823-1720	peter@countrycycle.ca

RACE OFFICIAL (Commissaire):

NAME	CELL PHONE	EMAIL
Shanna Chan	204-889-8699	shannachan@icloud.com

***Reminder:** Race Organizer and Official are responsible for reviewing the course layout in advance to identify potential hazards and mitigate any risk.*

MEDIC DETAILS:

NAME	CELL PHONE	RADIO #
Kristan Timmerman	204-793-8646	

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Reminder: Race organizer provides course map to medical personnel.

ARE THERE ANY AREAS OF THE RACECOURSE OR VENUE UNREACHABLE BY CAR?

Yes _____

No X

IF YES, HOW WILL YOU ACCESS SOMEONE IF THERE IS AN EMERGENCY?

AMBULANCE:

NAME	PHONE
Treherne Health Services	204-723-2133

IS YOUR RACE VENUE SERVICED BY 911?

Yes X

No _____

PROVIDE INSTRUCTIONS TO ACCESS VENUE:

Street address 45 Vanzile St, Treherne, MB R0G 2V0

HOSPITAL (NEAREST TO RACE VENUE):

NAME	ADDRESS	PHONE
Tiger Hills Health Centre	64 Clark St., Box 130, Treherne, MB R0G 2V0	204-723-2133

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VOLUNTEER LIST:

NAME	CELL PHONE	RADIO #
Luke Brodland	204-361-6165	Aid station attendant
Colin Bulloch	(204) 510-1852	Course Marshall
Liane Wiebe	(204) 325-2555	Lead Registration volunteer
Deana Wilson	(204) 362-1900	Registration table volunteer
Amanda Loewen	204-332-2365	Assistant organizer
Peter Loewen	204-823-1720	On course attendant

Reminders:*Ensure radios are charged prior to the event.**Map out where on course/route that marshals will be deployed.**Marshals wear a safety vest and may require a flag or stop sign.**Marshals are assigned a radio or have a charged cell phone.**Radios should also be carried by Race organizer, official (s), and medic at minimum. If radios are used, volunteers must be trained on how to use radios (turn on, channel, etiquette).***Identify any Risks, Mitigation, and Emergency Action which could occur at your event.****EXAMPLES**

Risk	Mitigation	Emergency Action
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Athlete crashes during race	<ul style="list-style-type: none"> • Locate traffic marshals at turn-around points on course. • Use patrol vehicles (3) to inspect courses for issues and report on problems. • RCMP is aware of event schedule. • First-aid responder will be located at Finish line, with vehicle/driver available for response to any accidents on the course 	<ul style="list-style-type: none"> • Triage the scene. • Slow racers heading into the scene (Marshal) • Treat injuries as needed. • Call 911 if required
Athlete crashes during the finishing sprint	<ul style="list-style-type: none"> • Ensure that the finished area is free of parked cars. • Have sufficient coast zone past the finish line 	<ul style="list-style-type: none"> • See above
Athlete withdraws from race due to illness	<ul style="list-style-type: none"> • Provide water and shelter for athlete 	<ul style="list-style-type: none"> • Keep athletes under medical supervision. • Treat symptoms • Call 911 if required
Athlete loses consciousness during event	<ul style="list-style-type: none"> • Provide water and shelter for athletes. • Monitor condition of athletes during event 	<ul style="list-style-type: none"> • Call 911 • Treat symptoms

		<ul style="list-style-type: none"> • Keep athlete under medical supervision
Athlete loses consciousness during event	<ul style="list-style-type: none"> • Provide water and shelter for athletes. • Monitor condition of athletes during event 	<ul style="list-style-type: none"> • Call 911 • Treat symptoms • Keep athlete under medical supervision
Telephone access	<ul style="list-style-type: none"> • The first-aid responder, chief commissaire, and the organizer shall have immediate access to a telephone to contact emergency services 	<ul style="list-style-type: none"> • As a back-up to cell phones, <u>where</u> is the nearest landline.

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OTHER NOTES:

AGREEMENT

I, the event organizer, certify that all measures have been taken to:

- *Satisfy the terms of sanction.*
- *Offer an event in which risk to participants has been minimized to a reasonable extent.*

I understand that failure to observe MCA Standards may result in revocation of the right to host future sanctioned events in Manitoba. I recognize the right of the Manitoba Cycling Association to cancel the event if either MCA standards or CCA regulations have not been met.

Host Club Representative (name): Peter Loewen – Country Cycle

Signature: Peter Loewen

Date: May 28, 2025

EMAIL COMPLETED FORM TO MCA OFFICE AT LEAST 2 WEEKS PRIOR EVENT
Cycling@sportmanitoba.ca

