



**MANITOBA  
CYCLING  
ASSOCIATION**

**2025 CANADA SUMMER GAMES**  
**SELECTION CRITERIA**

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**2025 CANADA SUMMER GAMES**  
**ATHLETE and COACH SELECTION POLICY – CYCLING**

**Approved by the Manitoba Cycling Board of Directors on May 9, 2024**

The **Manitoba Cycling Association** is the governing body for the sport of Cycling in the Province of Manitoba.

The **Provincial Cycling Program** is the full-time cycling program of the Manitoba Cycling Association.

**“Organization” refers to Manitoba Cycling Association’s Provincial Cycling Program**

The Canada Summer Games are held every two years, alternating between summer and winter. They are the largest multi-sport event in Canada and represent the pinnacle of competition for athletes of all abilities.

**SPORT:** Cycling

**EVENT:** 2025 Canada Summer Games

**EVENT DATES:** August 08 – 24, 2025

**EVENT LOCATION:** St. John’s, Newfoundland, and Labrador

**POLICY PURPOSE:**

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The purpose of this document is to set out the process that will be used by the Organization to select athletes, coaches, and support staff to represent the Organization at the 2025 Canada Summer Games.

**POLICY OBJECTIVE:**

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The objective of this selection policy is to select athletes who will participate in the 2025 Canada Summer Games. Athletes are selected in the following categories:

## SECTION 1 – CLASSIFICATION

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### Mountain Bike Events:

- **Description:** Event format: Cross Country, Team Relay, Short Track
- **Team Composition:** [3 Males](#) and [3 Females](#). Six Athletes' total.
- **Support Staff:** 1 coach, 1 manager, 1 mechanic: 3 total.

### Road Events:

- **Description:** Event format: Road Race, Individual Time Trial, Criterium
- **Team Composition:** [4 Males](#) and [4 Females](#), plus [one wildcard](#). Nine athletes' total.
- **Note:** the wildcard is for road only and may be Male or Female
- **Support Staff:** 1 coach, 1 manager, 1 mechanic; 3 total.

### Para Events:

- **Description:** Event format: Sport Class. Handcycle H1-H5, combined.
- **Team Composition:** [1 Male](#) and [1 Female](#). Two Athletes' total.
- **Note:** All registered athletes must intend to compete in at least one event.
- **Support Staff:** Para-Cycling Coach, Manager, or Mechanic: 1 total.

## SECTION 2 – ELIGIBILITY

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### 2.0: General Requirements:

All athletes must meet the eligibility regulations outlined in the Canada Games Council [Eligibility Policy](#) and must hold a valid UCI/Cycling Manitoba Race license for the year of the Games (2025).

Athletes must:

- Be Canadian Citizens, or eligible for Canadian Citizenship and actively pursuing either Citizenship Certificates or Canadian Passports
- Be Members in good standing with the Manitoba Cycling Association (<https://mbcycling.ca/membership/>).
- Agree to adhere to the Organization's policies.
- **Submit a letter of interest** to Coach Nick Bergen ([cycling.coach@sportmanitoba.ca](mailto:cycling.coach@sportmanitoba.ca)) by February 15, 2025

## 2.1: Age Eligibility

### Mountain Bike Athletes:

- Age 16 - 20 as of December 31, 2025 (Year of birth: 2005 – 2009)
- MB, NB, NL, NS, NT, NU, PE, SK, YT: Eligible to register one [1] **Under 23 female** as of
- December 31, 2025
- Year of birth: 2003 or later

### Road Athletes:

- Age 16 - 20 as of December 31, 2025 (Year of birth: 2005 – 2009)
- MB, NB, NL, NS, NT, NU, PE, SK, YT: Eligible to register two [2] **Under 23 female** as of
- December 31, 2025 (Year of birth: 2003 or later)

### Para Athletes:

- Age 16-35 as of December 31, 2025 (Year of Birth: 1990-2009)
- *Any attending Para cyclists must be nationally classified by Cycling Canada under the classification guidelines as set by Cycling Canada prior to the Games.*
- *Classification must be completed and submitted to Cycling Canada by May 1, 2025.*
- *There will be no classifications done at the Canada Summer Games.*

NOTE: If you are a Manitoba Para Athlete interested in participating in Para Cycling for the 2025 Canada Summer Games, please contact Manitoba Cycling Association's head coach Nick Bergen. Nick will connect you with a coach from Cycling Canada for next steps and possible participation in Canada Summer Games 2025.

## 2.2: Athlete Exclusions

### (Able Bodied)

Excluded from the Canada Games are:

Senior National Team Members - defined as:

- athletes who have held an SR, SR1, SR2 or C1 card at any time; and/or
- athletes who are part of (on the roster of) a standing Senior National Team (i.e. recognized as a Senior National Team member regardless of event participation)

Athletes who have previously competed at the following events:

- Olympic Games
- Commonwealth Games
- Pan Am Games

- More than one U23 UCI World Championship (Road & MTB)
- More than one Elite UCI World Championship (Track, Road, MTB)

### **(Para Cycling)**

Excluded from the Canada Games are:

Senior National Team members - defined as:

- Athletes who have held an SR, SR1, SR2 or C1 card at any time; and/or
- Athletes who are part of (on the roster of) a standing Senior National Team (i.e. recognized as a Senior National Team member regardless of event participation)

Athletes who have previously competed at any of the following events:

- Paralympic Games
- More than one UCI Para-Cycling Road World Cup

No athlete can be rendered ineligible within 90 days of the opening of the Games due to National Team status, carding status or competing in an excluded event (i.e., if an athlete is granted National Team status or carding status for the first time, or competes in an excluded event on May 11th, 2025 or later, they will still be considered eligible to compete at the 2025 Canada Games).

Athletes who hold a C1 card (as defined by Sport Canada's Athlete Assistance program) or are in their first year of Senior National Team status may be deemed eligible on a case-by-case basis. Requests must be submitted to the respective Provincial/Territorial Team Chef de Mission and approved by the Canada Games Council Sport & Games Committee.

## **SECTION 3 – SELECTION PROCESS**

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### **3.0 Minimum Performance Requirements:**

All athletes must show a minimum standard of performance to be considered for selection to the 2025 Canada Summer Games team:

1. 20min Time Trial Power Output: All athletes must show the ability to complete a 20min time trial test at the minimum power to weight level:
  - a. Females - 3.3 W/kg
  - b. Males – 4.0 W/kg

Any 20min time trial testing date set-up by the provincial program between Feb 1, 2025, and May 31, 2025, will be eligible for meeting this requirement.

2. % of Winning Race Time: For all events used, each athlete must finish within 5% of the category winning time, regardless of gender.

\*Category referring to the race categories the athletes are expected to race in for the selection races identified

Once selected, the athletes will be expected to be training towards, and sustain the physical standards as laid out in Section 4.1 of this policy.

3. Proficiency in all three road events of time trial, road and criterium is required. In letter of interest please provide evidence of your experience racing road in the disciplines of time trial, road, and criterium in the [Google Form](#). (see 3.1 below).

### **3.1 Selection Races & Race Categories:**

An addendum of CSG Selection Races will be posted on the MCA website on February 15, 2025.

Timeline:

Final local events and race dates will be confirmed and posted to the MCA Event calendar on February 1, 2025, following the Race Calendar meeting and official sanctioning of the events by the MCA Board of Directors.

The Provincial coach will determine in province and out of province selection races will also be confirmed and posted to the MCA website.

If you have submitted a letter of interest by February 15, 2025, you will be invited via email from the Provincial Cycling coach to attend a meeting outlining the Selection races both in Manitoba and out of Province. In addition to the letter of interest please also fill out this [Google Form](#).

Note: It is anticipated that there will be seven (7) selection races (3 mountain bike, 4 road). It is likely that we will have 66% of our mountain bike selection races locally in Winnipeg and 33% of mountain bike selection races out of province. It is likely that we will have 50% of our road selection races locally in Winnipeg and 50% of our road selection races out of province.

### 3.2 Mountain Bike Selection:

Athletes will be selected to the CSG team, no later than [July 1, 2025](#). Selection to the CSG team, for both males and females, will be awarded as follows:

1. 1<sup>st</sup> Top Rider – Overall combined points from your best 2 of 3 events
2. 2<sup>nd</sup> Top Rider – Overall combined points from your best 2 of 3 events
3. Provincial Committee Selection using Athlete Evaluation criteria.

[Appendix 1: Athlete Evaluation criteria](#)

For the Canada Cups, points will be awarded to all finishers in their appropriate age categories, regardless of a rider's eligibility for CSG selection. For the Manitoba MTB events, points will be awarded to all finishers in the selection category listed above, regardless of a rider's eligibility for CSG selection. Points will be awarded as follows:

Result	Canada Cup (Elite) Points	Canada Cup (Junior) Points
1	80	40
2	76	38
3	72	36
4	68	34
5	64	32
6	60	30
7	56	28
8	52	26
9	48	24
10	44	22
11	40	20
12	36	18
13	32	16



14	28	14
15	24	12
16	20	10
17	16	8
18	12	6
19	8	4
20	4	2
21-99	1	1

**Ties:**

Ties will be broken by finish placement in events with following event priority: Canada Cup, Manitoba MTB events.

**Relay Team**

The relay team (male & female teams; may have only two of the three athletes of each gender participate in their respective relay team) will be chosen by the Canada Summer Games staff while at Canada Summer game which are selected the day before competition.

Selections will be based on athlete past performances in 2025, athlete suitability for the CSG course, and current riding performance at the CSG.

**3.3 Road Selection:**

Athletes will be selected to the CSG team, no later than [July 1, 2025](#). Selection to the CSG team, for both males and females, will be awarded as follows:

1. 1<sup>st</sup> Top Rider – Overall combined points from your best three of the four road events
2. 2<sup>nd</sup> Top Rider – Overall combined points from your best three of the four road events
3. 3<sup>rd</sup> Top Rider – Overall combined points from your best three of the four road events
4. Athlete Evaluation of Remaining CSG Athletes ('Selection Committee')
5. Wildcard spot will be selected by the 'Selection Committee' (same as #4)

## Appendix 1: Athlete Evaluation criteria

For the USA races and/or Canadian Road Nationals, points will be awarded up to the 50<sup>th</sup> position to all finishers in the categories listed, regardless of a rider's eligibility for provincial team pool selection.

Candidates must finish in the top fifty of the categories to earn points. Points will be awarded in 1-point declining increments from finishing result:

<b>Result</b>	<b>Points</b>	<b>Result</b>	<b>Points</b>	<b>Result</b>	<b>Points</b>
1	50	21	30	41	10
2	49	22	29	42	9
3	48	23	28	43	8
4	47	24	27	44	7
5	46	25	26	45	6
6	45	26	25	46	5
7	44	27	24	47	4
8	43	28	23	48	3
9	42	29	22	49	2
10	41	30	21	50	1
11	40	31	20		
12	39	32	19		
13	38	33	18		
14	37	34	17		
15	36	35	16		
16	35	36	15		
17	34	37	14		
18	33	38	13		
19	32	39	12		
20	31	40	11		

**Ties:** Ties will be broken using the results from the team drop rides. How the athlete road in the pack, and their average power output during the road ride will be taken into consideration.

### **Unforeseen Circumstances**

If unforeseen circumstances arise which do not allow for this selection process to be implemented as outlined in this document, the Organization reserves the right to identify an alternate process or alternate timelines. Should this occur, all candidates for selection will be notified of these changes in a timely manner.

### **Selection Timeline:**

Canada Games Selections by the 'Selection Committee' will take place no later than Tuesday, [July 1<sup>st</sup>, 2025](#); selected athletes will be notified by Thursday, [July 3, 2025](#)

The 'Selection Committee' reserves the right to not fill all positions if it is deemed that there are not enough riders whose ability is competitive at the Canada Summer Games level. This could result in less than a full roster being selected to the 2025 Canada Summer Games Cycling Team for Road and/or Mountain Bike.

### **3.4 Athlete Evaluations:**

Each athlete will be evaluated based on their results and the following evaluation criteria, which will be used by the 'Selection Committee' for consideration in filling the selection position(s).

All evaluations will be made by the Manitoba Cycling coaching staff and 'Selection Committee' members. Additional evaluators may be used if deemed necessary to create a fair evaluation of athletes.

<b>Athlete Evaluation Criteria (see <a href="#">appendix 1</a> for full details)</b>
1) Racing Ability (2x weight of average score) <ul style="list-style-type: none"><li>a) Performances in National level events</li><li>b) Fitness</li><li>c) Technical Ability</li><li>d) Tactical Ability</li><li>e) Potential to reach Canada Games podium in 2025.</li><li>f) Potential to reach Canada Games podium in 2028.</li><li>g) Overall racing progression in the last 12 months</li></ul>
2) Attitude (1x weight of average score) <ul style="list-style-type: none"><li>a) Positive contribution to team environment</li><li>b) Shares training plans and data with Provincial Coach</li><li>c) Communication with Provincial Coach</li><li>d) Attendance and performance at training sessions</li><li>e) Takes personal responsibility for self and results.</li><li>f) Attitude progression in the last 12 months</li></ul>

[Appendix 1: Athlete Evaluation criteria](#)

## **SECTION 4 – AUTHORITY FOR SELECTION**

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The Organization shall appoint members of the Provincial Program Committee to be responsible for managing the selection of athletes to the Canada Summer Games 2025. The member(s) shall be known as a Selection Committee and are responsible for monitoring the selection process and liaising with the selected athletes.

The Selection Committee must be free from actual and perceived conflict of interest and, where conflict of interest may exist, Committee members must identify the conflict and excuse themselves selection decisions where there is a conflict. Parents of athletes, or other individuals deemed by the Organization to have special interest in the selection process, are not permitted to be members of the Selection Committee.

Using the criteria outlined in Section 4, the Selection Committee will select 15 athletes who will attend the Canada Summer Games.

## **SECTION 5 – DISMISSAL + APPEALS**

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An athlete may be dismissed if the athlete:

- Fails to remain a member in good standing with the Organization.
- Fails to meet performance expectations.
- Fails to train towards, or meet the physical standards expected by, the Canada Summer Games, 2025.
- Exhibits conduct that is detrimental to the image of the Organization.
- Is unable to perform due to injury, illness or other medical reasons as determined by the Organization's medical staff.

When necessary and appropriate, an athlete may be replaced by an alternate athlete (provided the alternate athlete is still eligible).

Organization's Appeal Policy:

Team selection cannot be appealed. If you believe a decision was made in error in accordance with this policy, an Appeal can be filed following the Organization's [Appeal Policy](#).

## **SECTION 6 – INJURED and REPLACEMENT ATHLETES**

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The coaches and/or the Selection Committee may apply to the Organization's Board to remove any athlete from any stage of the athlete selection process. Reasons for removal can include becoming no longer eligible for participation (under Section 3), injury, illness, or misconduct. Reasons for removal will be communicated by written letter to the athlete from the Organization.

The 'Selection Committee' shall designate alternate athletes in each category. Alternate athletes may be selected if one or more of the originally selected athletes are dismissed prior to the Canada Summer Games.

If the alternates have not kept up their physical fitness or are unavailable or uninterested, the Selection Committee may approach other athletes who attended the tryouts/selection races to be named as alternates. Alternate athletes may be included in any training or competitions taking place prior to the 2025 Canada Summer Games so that they are prepared if called upon.

## **SECTION 7 – COACH SELECTION PROCESS**

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The head coach of the Provincial cycling program will be the designated coach for the Canada Summer Games. Should a coach not be in place, or the coach does not meet the minimum requirements of the Canada Games, the organization has the authority to appoint a Coach selection committee to select the coach who will attend the 2025 Canada Summer Games.

Coaches named on the official registration form must be certified under the National Coaching Certification Program (NCCP) Competition Stream, Development Context (certified status) in Cycling - Road.

Coaches must be so certified no later than 90 days prior to the opening ceremony (May 11, 2025) and must hold a valid UCI/Cycling Canada license for the year of the Games (2025).

Please note that "NCCP Competition-Development Certified, Not Renewed" does not qualify under the coaching standards for the 2025 Canada Summer Games.

The Organization has the right to dismiss a coach if, in its estimation, the coach is not sufficiently preparing the athletes for the 2025 Canada Summer Games, or if there are other legitimate reasons, as determined by the Organization, for dismissal.

The head coach will be supported by a manager (of the opposite gender) and a qualified cycling mechanic and a Para-Cycling Coach, Manager, or Mechanic (If applicable Para Athletes are a part of Team Manitoba for CSG 2025).

Coach: 1

Manager: 1

Technical Support (Mechanic): 1

Para-Cycling Coach, Manager, or Mechanic: 1

## **SECTION 8 – MANAGER AND MECHANIC SELECTION PROCESS**

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The Head Coach and HPD (High Performance Director) have sole discretion in selecting the support staff (manager/mechanic). Support staff will be selected on the principle of supporting athletes in the management and mechanic capacity at the Canada Summer Games 2025.

## **SECTION 9 – DEADLINES AND CONTACT INFORMATION**

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Deadline Summary:

<b>Action Item</b>	<b>Deadline</b>	<b>Responsibility</b>
Submit Letter of Interest	No later than Feb 15, 2025	Athlete/Parent
Post Selection Races to website	By Feb 15, 2025	Provincial Coach
Selection of Final Athletes	July 01, 2025	Selection Committee
Athlete notification	July 03, 2025	Provincial Coach

Contact Information:

Provincial Cycling Coach/Canada Games Coach: Nick Bergen

Email: [cycling.coach@sportmanitoba.ca](mailto:cycling.coach@sportmanitoba.ca)

Cell: 204.599.0291