

Updated June 13 2024

# 2024 SCHINKEN VAD MTB RACE

## —————Race Guide—————

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**P/B Country Cycle and MB Liquor and Lotteries**

**Register Here** <https://zone4.ca/register.asp?id=35810>  
Pre-registration closes: 11:59 pm Friday June 14th 2024

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**Race Name:** SCHINKEN VAD XCO 2024

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**Race Date:** Saturday, June 15th, 2024

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**Host:** Country Cycle Morden Manitoba  
**Contact:** Peter@countrycycle.ca

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**Location:**

Hamm Trails. From the Tim Hortons in Morden HWY #3 drive West 8 km. Turn North toward Thornhill, continue 2.4 km. Parking is on your left at Shannondale XC Ski Trails

PIN: [https://maps.app.goo.gl/3acESCvr2t5MQwSi8?g\\_st=ic](https://maps.app.goo.gl/3acESCvr2t5MQwSi8?g_st=ic)

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**Eligibility:** The race is open to all. A valid UCI/CCA/MCA race license or a Day Permit\* are required and must be shown to registration on race day. To purchase a UCI/CCA/MCA license visit the [MCA Website](#).

\*Day permits are available at a cost of \$20 per event for non-MCA licensed riders 17+, \$10 for U17 and \$5 for U13, who wish to participate in an MCA-sanctioned event without purchasing a full license. Up to three Day Permits may be purchased per year. The cost of Day permits can be “rolled” into a full license at any time.

\*\*\*\*\*IMPORTANT\*\*\*\*\* Day permits DO NOT provide sport accident or liability insurance for the permit holder. Rather, they are in place to “Protect” the MCA, the Race Organizer and volunteers, and licensed riders. We strongly encourage all participants to consider the benefits of a full MCA racing license.

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## Categories:

- **Manitoba Summer Games Qualifier Race**

- The Manitoba Summer Games U13/U15 Qualifier Event is for youth participants whose birth year is 2010, 2011, 2012 or 2013 (11-14 years old as of Dec 31, 2024) and would like to qualify for a spot on one of the cycling (MTB) regional teams for the 2024 MB Summer Games being held in Dauphin Aug 11-14, 2024. This is the third of five qualifier events available. Youth participants will need to race in at least one MB Summer Games Qualifier event to be eligible for selection for the MB Summer Games. Duration of the race is expected to be between 20-45 min for U13 and 30-55 min for U15. More Information about the MB Summer Games for cycling can be found on the MCA website:

<https://mbcycling.ca/manitoba-summer-games/>

### ***Kids Race\**** (Male and Female)

- U7
- U9
- U11

### ***MB Summer Games Qualifier\**** (Male and Female)

- U13
- U15

### ***Main Event\**** (Male and Female)

- U17/U19
- Sport
- Comp
- Expert/Elite

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\*All events have gender neutral starts. Please self-seed at staging based on your perceived ability level for your event of choice. Allow faster riders to the front. Commissaires may seed faster riders.

### **Pricing:**

Kids U7, U9 and U11 Races	\$15
Youth U13 and U15 MB Summer Games qualifier race	\$25
Adults/Young Adults (15+) Adult Races	\$35

### **Race-day Schedule:**

Staging for each race will begin at least 15 minutes in advance, please listen for the commissaires to announce staging and be prepared early

#### **SCHINKEN VAD RACE DAY SCHEDULE - JUNE 15th, 2024**

- 8:30 am - General registration opens
  - 8:30 - 9:30 am Pre-ride (U7, U9, U13, and U15)
  - 9:30 -10:30 am - Party/Discovery Lap (open to all *family & friends - bring your bike and helmet\* mandatory*)
  - 10:30 - 11:00 am - Course closed
  - 11:15 am - Event #1 - Kids Race (U7 & U9 & U11) Start
  - 12:00 pm - Event #2 - MB Summer Games Qualifier (U13 & U15) Start
  - 12:00 pm - Registration Closed
  - 1:15 pm - Event #2 Podium Ceremony
  - 1:30 pm - Staging for Adult Race
  - 1:45 pm- Event #3 (Expert, Comp, Sport, U17 & U19) Start
  - 3:45 pm - Event #3 Adult races Podium Ceremony
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## Podium & Prizing:

**Kids Races**                    There will not be a podium for U7, U9 & U11 kids races. Kids race participants will receive candy or similar food items.

**Main Events:**                There will be cash prizes for the top athletes and draw prizes for all participants in attendance.

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**Course description:** Course will be marked and ready to ride the day before and during the defined pre-ride times according to the race day schedule.

Check out the different race courses on [Trail Forks](#).

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### **Parking:**

Parking is available on-site.

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**Washrooms:** Porta potties will be available on premises June 8th and 9th.

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**Food:** Burger, Drink, and Snack will be provided to all registered racers

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**Cancelation and Rain Delays:** the course is quite robust and we will run as long as it is safe, please consult the <https://mbcycling.ca/> for updated info, Twitter: MB cycling for up-to-date notices, and a variety of Facebook groups for last minute change information

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## General Race Rules :

- Pre-riding may only be done during the designated times for your category.
- Everyone riding on the course during scheduled Pre Ride/training times MUST have a current MCA general membership (or race license). Non members are not permitted to operate a bicycle on the course during scheduled event times.
- All racers must operate a bicycle with both front and rear working brakes.
- All racers must wear a safety approved helmet deemed appropriate for cycling AT ALL TIMES while riding (i.e. while training, racing, riding around the staging area etc.). No exceptions.
- Riders shall act and race with caution and respect for their fellow racers. They shall be held responsible for any accidents that they cause.
- Racers MUST present their license at the Registration/Check in table. Do not come to a race without your license. FYI, technically, the license is to remain on your person throughout the race.
- It is a racer's responsibility to know the race course and the number of required laps before the race starts. Marshals are not obligated to give out directions to confused riders.
- A racer must act in a sporting manner at all times and shall permit any faster rider to overtake without obstructing.
- If a rider exits the course for any reason, he/she must return to the course at exactly the same point from which they exited (i.e. do not cross over tape to reenter the course).
- Music players and electronic devices are NOT allowed by any racers during any events.
- Sleeveless jerseys are NOT allowed.
- You may only wear the jersey of a club or team to which you currently belong, i.e. do not wear a Pro team jersey unless you are currently a member of that Pro team.
- The current defending Manitoba Cup winners should wear their Manitoba Cup jersey at Cup races. Previous years' jerseys should not be worn by previous winners.
- Handlebars must have end caps. Kickstands should be removed. Water bottle holders must be secured in appropriate locations on the bicycle frame or seat post.
- Race plates must be secured to the handlebar so that the number can be clearly read by the Commissaires at the Finish line. Do not alter the plate in any way. Ensure the plate is not obscured by brake cables or bent such that the numbers are difficult to read from a distance. Ensure the bottom of the plate is secured so that it cannot flip up.
- Before the race, know exactly where the finish line is situated. Your finish time is recorded on the finish line. Do not stop your race until you cross the finish line. Once finished, exit the area immediately.
- The finish line is for finishers. Never cross the finish line twice.
- If you leave the race for any reason you MUST alert one of the Commissaires as soon as you are able. It is not fun to look for a "lost" rider who has left the race course unannounced.
- Glass containers are not allowed on the course, including the feed zone.
- Please walk your bicycle in the parking areas & any other road ways adjacent to the race site.
- Please walk your bicycle in the registration, spectator and staging areas.
- Please consult the UCI and CCA rules to see all applicable rules and regulations.



