



Popeye Cycle and Sports Road Race, Sunday July 7th, 2023 Location: Birds Hill Park, Manitoba

Race Day Sign-In/Registration: East Beach Parking Lot, Registration opens at 9AM and closes at 10:30 AM, Start at 11:00 AM. Please arrive early to allow time for road numbers pick-up.

Back-up registration site, if the East Beach gate is not open, is 400 meters towards the East Gate, south side of Festival Drive. Approximate coordinates 50.010786, -96.856493

Pre-registration at

Pre-registration Fee: \$35.00, Pre-registration deadline is July 5th 11:59PM. Race day registration is \$55.00, cash only.

Race Categories: The race is open to men and women, Cat 2/3, Cat 4, Cat 5.

10:45 AM instructions & assembly at sign in/registration location, 11:00 AM start. Riders will ride neutral to the Bird's Hill Park Loop (South/North Drive) where the categories will be started at intervals;

- Cat 1/2/3: 11:00am

- Cat 4: 11:02am

- Cat 5: 11:04am

Race course is the Birds Hill Park clockwise full loop. Finish line is at the top of "Pan-Am Hill". Race format: Road Race

Distance: cat 2/3 - 8 laps (88km), Cat 4 - 6 laps (66km), Cat 5 - 4 laps (44km).

Feeding and material support information provided prior to race start. There will no follow vehicles for each category.

No personal/team/club follow vehicles are allowed on the race course.

Please note no parking on grass is allowed in Birds Hill Park

Prizing will take place in the East Beach Parking lot following the completion of the Road Race.

All racers must hold a current Manitoba Cycling Association (MCA) Membership and this must be obtained prior to registration. There will be no option for a day license.

There will be a race prime and prizes. You must be present to accept your prize.

Organizer reserves the right to decide and change prizing.

Waiver MUST be filled out and signed for each racer.

Riders are required to wear a hard-shell ANSI or SNELL approved helmet while racing, warming up, and cooling down.

Courtesy and Safety: The courses are open, and the public can access the course at any point. Signs will indicate that bike race is in progress, but marshals do not have

authority to prevent people and vehicles from entering the course. Keep your head up at all times. Be courteous to all vehicles and pedestrians. No parking on the road.

Washrooms available in the park, please refer to Birds Hill Park information for location. You will need a Park Pass for your vehicle.

Race Organizer: Annie Lewis: 204-558-4629 / [annielewis04@hotmail.com](mailto:annielewis04@hotmail.com)

If you would like to volunteer, please reach out to the race organizer. Thank you!