

MANITOBA SUMMMER GAMES - CYCLING

April 2024



MANITOBA
CYCLING
ASSOCIATION





2024 Manitoba Summer Games



BACKGROUND:

- 2020 MB Summer Games - cancelled due to COVID19 pandemic
- Last MB Summer Games in **2016** - Steinbach, MB (~8 years ago!)
 - Examples of athletes who have progressed to the MB Provincial Team: Matthaëus Dyck (U13 Wpg Gold), Eryn Guenter (U13 Wpg Gold), Loic Savard (U13 Wpg Gold), Aiden Gauthier (U13 Interlake), Ewan Dalling (U13 Interlake) and many more.
 - Some of the Coaches/Managers: Don Rose/Vanessa Peters (Wpg Blue), Cindy Brown/Brad Gauthier (Interlake)



2024 Manitoba Summer Games



PRELIMINARY INFO:

- HOST SOCIETY: DAUPHIN, MB
- DATE: AUG 11-17, 2024
- 12 SPORTING events over 2 phases

<https://www.sportmanitoba.ca/manitoba-games/dauphin2024/>

- Sports in Phase 1: Aug 11-14, 2024 (includes Opening ceremony) ****Cycling****
- Sports in Phase 2: Aug 14-17, 2024 (includes Closing ceremony)

Accommodations and Meals in Athletes villages



TECHNICAL GUIDE

A SUMMARY



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Athlete Eligibility

- Members of the Manitoba Cycling Association
- Open to male and female athletes in the following age categories:
 - 11 and 12 years of age as of December 31, 2024, **born in 2012 or 2013** (U13)
 - 13 and 14 years of age as of December 31, 2024, **born in 2010 or 2011** (U15)

Regional Teams

- Each region will have
 - 2 males and 2 females from each age category (U13 and U15).
- Each region will also be comprised of one coach and one manager
- Regions: **East, South, West, Winnipeg (x2)**; (no North)

Region	Male	Female	Total Athletes
U13 (Age 11,12)	2	2	4
U15 (Age 13,14)	2	2	4
Total per Region	4	4	8



Regional Qualifiers/Selection Races

- 5 confirmed qualifying/selection races - POSTED on MCA website. Registration through the Race event's general registration under the category "U13/U15 MB Summer Games Qualifer"
 - Grand Beach - Sun, May 5, 2024
 - Falcon Ridge - Sat, May 18, 2024
 - Neepawa (Hylife Back 40) - June 8, 2024
 - Minnedosa (Squirrel Hills) - June 9, 2024
 - Schinken Vad (Thornhill)- June 15, 2024
- Athletes must participate in **at least 1 event**
 - Best 4 of 5 race results will be tabulated for Games selection rankings. Bonus points if race in all qualifier races. Bonus points for athletes that race in all 5 qualifier races.
- The top 2 racers in **both** genders and **both** age categories from each region will automatically qualify for their Regional Team.

Athlete Fill Policy

- The MCA will regulate fills using the list of qualifying athletes obtained once all qualifying events are complete. The list of qualifying athletes will consist of the following:
 - All first and second place finishers in all four categories (age group and gender)
 - All third place finishers in all four categories (“Fill” athletes)
 - Any additional athletes who may desire to attend the Games as recommended by a regional coach (“Fill” athletes)
- Athlete fill positions will be distributed equally and fairly among regional teams. Only eligible athletes from their respective categories, (age and gender), will be used as “fills”. The intent is to fill by gender and category first, if positions are still vacant then cross category and cross gender fills will be assigned based on MCA approval

Athlete Fill Policy

- Fill Athletes will compete in their own category, (age and gender), for their respective regional team.
- A Regional team *may* have more than the standard number of competitors for a category (e.g., more than two U13 boys) *only if* other regional teams have fewer than the allocated numbers for that same category.
- A Regional team may have more than the allotted # of athletes by gender within a Category if other Regional teams are not able to fill their compliment.
- The MCA will determine the number of athlete fill positions available.
- The third place fill athletes will be ranked equally for each regional team, i.e. all third place competitors from their regional qualifiers will be randomly drawn to fill the available category spots.
- Once all category and gender fill positions have been assigned to qualified category and gender athletes, leftover fill positions will then be drawn by qualified category and alternate gender athletes on the qualified list f fill athletes.
- There will be a **maximum of 40 athletes** competing if all categories are completely filled.

Athletes / Coaches / Managers

- Athletes will be selected / offered spots for the regional teams as outlined in the technical guide.
- Team selection will be done by **June 30, 2024**
- Athletes will need to be registered for the MB Games by mid July
 - Cost for registration TBD (~\$250)
- Expect the team training by the Regional Coaches to occur over the months of late June - July leading up the start of the games
- Transportation to and from the MB Games for athletes, coaches and managers & 1 bike will be provided from each regional hub (exception: athletes living within 150 km of Dauphin will be responsible for their own transportation). Transportation of bikes and athletes to sports venues during the games are provided.
- Athletes, Coaches, Managers will be staying in the Athletes Village(s) - included in registration
- Food provided - available in Athletes Village(s) - included in registration

COACH / MANAGER RESPONSIBILITIES & QUALIFICATIONS



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2 MANAGERS (FEMALE) STILL REQUIRED

WINNIPEG GOLD or WINNIPEG BLUE
&
WEST



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Coach/Manager Responsibilities

COACH

- A selection of duties pre, during and post games:
 - Attend meetings
 - Communicate with Manager and PSO
 - Ride and train with athletes
 - Supervise at games
 - Provide event report
- Review and be familiar with the Technical guide

MANAGER

- A selection of duties pre, during and post games:
 - Attend meetings
 - Communicate with Manager and PSO
 - Maintain schedule
 - Supervise at games
 - Provide event report
- Review and be familiar with the Technical guide

Coach Qualifications

- **NCCP Coaching Certification**

- *Trained* Let's Ride! Community Cycling Initiation Coach or *Certified* Ready to Race! Introduction to Competition Coach

- **Other Requirements**

- 18+ years of age
- Clean Criminal Record check, in accordance with the Sport Manitoba Screening Policy
- Clean Child Abuse check
- Valid Sport Manitoba Respect in Sport
- Valid Standard First Aid certification
- *Minimum* 1 year coaching in MCA's Kids of Mud Program (can include Spring 2024)
- Strong teaching, leadership, organization and communication skills.
- Valid driver's license



Manager Qualifications

- 18+ years of age
- Clean Criminal Record check, in accordance with the Sport Manitoba Screening Policy
- Clean Child Abuse check
- Valid Standard First Aid certification
- Strong teaching, leadership, organization and communication skills
- Valid driver's license

Application deadline

- Teams must have at minimum one male coach or manager and one female coach or manager. Coaches and Managers can apply as a team or individually.
- Email Application to: mcambgames@gmail.com

COACHING AND TEAM MANAGER APPLICATION

Timeframe:

- 10-12 month appointments
- Games Commitment: August 9-15, 2019 (1 week, TBD)

Application for: COACH MANAGER

Name: Date of Birth: Gender:

Phone: Email:

Region Desired:

Skills you possess to be successful in this role or why you have applied for this role.

If you are applying for Coaching position, please list your coaching experience and standard qualifications that are complete. (Please see job description for a list of qualifications).

Teams must have at minimum one male coach or manager and one female coach or manager. Coaches must be present at all games and practices leading up to both the regional qualifiers and the Power Smart Manitoba Games themselves. Coaches and Managers can apply as a team or individually.

Please submit your application to Monika (Moni) Robertson at mcambgames@gmail.com.

Submission deadline is October 1, 2019

Cycling Coach Development Clinic

- **WHO:** Charlotte Batty, Professional MTB Coach
- **DATE:** May 25/26, 2024
- **WHAT:** Manitoba Summer Games and KOM Coach Clinic
- **LOCATION:** Winnipeg area
- **LIMITED SPOTS:** **Priority** given to the 2024 MB Summer Games Coaches

2024 Race Course

XCO - 5.1 KM - same as 2019 and 2023 Northgate races

XCC - 1.4 KM - NEW



Athletes will each have 2 races - XCO (cross country) and XCC (short track)

XCO and XCC races will be on different days

U13 and U15 will have separate races (ie. not on the course at the same time)

QUESTIONS??

Send questions to mcambgames@gmail.com