

## MennoCross 2023 Race Bible

**Race Organizer:** Charlene Guenter, darkredracingmb@gmail.com

**Race Date:** Saturday Sept. 23rd, 2023

**Race Formats: CX Race** – Mass start with your category. Time and laps depend on category.

**Location:** Canadian Mennonite University 500 Shaftesbury, Blvd. Winnipeg, MB

### Times:

**9:30** – Registration and sign-in. Registration opens at 9:30 and closes 30 minutes prior to your event, please arrive in plenty of time to sign-in and pick up your timing chip.

**9:30 – 10:45 Course Open – The “try CX” event will be happening at this time.**

**Click here for more information** <https://ccnbikes.com/#!/events/tryCX>

**11:00 – 12:00** Kids Events Duration: 15 - 20 minutes

There will be two kids' events **depending on numbers.**

Event #1 – Under 9

Event #2 – Under 13

### **12:00 – 1:00 Course Open**

**1:00** - B Event: CX 3 male, CX 1/2/3 female. Duration: **40 minutes**

**2:00** - B podium

**2:15** – A Event: CX 1/2 male. Duration **60 minutes**

**3:30** - A podium

**\*Two separate C races is dependent on registration numbers. The decision will be made on Friday, Sept 22**

**3:45** – C Event: #1 CX 4 female, U17 male and female racers, Duration: 30 minutes

**4:30** - C Event #2 CX 4 male, Duration: 30 minutes

**5:15** - C Event #1&2 podiums

- Sign in opens at 9:30am and ends 30 minutes prior to your event.
- You must hold a UCI/CCA or MCA racing license or purchase a day use license to race in the C, B, or A events.
- If purchasing a day use license you should choose your category accordingly. If you have never done a cyclocross race or have little race experience you should register for the C Event. Feel free to email the race director if you have questions about this.
- Waiver Forms are signed online at the time of registration.

**Cost for MCA Licensed Racers:**

Kids.....free  
U17.....\$30  
adults....\$40

**Cost for NON-Licensed Racers**

Kids.....free plus \$5.00 for day use license  
U17.....\$10 plus \$20 for day use license  
adults....\$20 plus \$20 for day use license

- **Dark Red Racing is subsidizing the cost of the day use license fee to encourage new racers. You will need to buy a MB Cycling license to participate in any of the rest of the races this season.**

**Race Course:**

The course will be between 2.5 and 3 km in length. The length will be determined by the weather for that day. The surface will be a combination of grass, dirt, and gravel. The course is a combination of rolling and flat sections.

**Race Regulations:**

- All racers bikes must operate a bicycle with both front and rear working brakes.
- All racers must wear a CSA approved helmet while riding on OR off-course (even the parking lot).
- Riders shall act and race with caution and respect for their fellow racers. They shall be held responsible for any accidents that they cause.
- Racers must have their license with them at all times during a race event.
- A racer must act in a sporting manner at all times and shall permit any faster rider to overtake without obstructing.
- UCI/CCA/MCA license
- A and B events (CX1/2 Men, CX3 Men, and CX1/2/3 Women) must have a cyclocross style bike (tires max 35 mm wide, road style handlebars NOT straight bars, max width of bars 50 cm).
- Riders in the C (CX4 men, CX4 women, and citizen racers) will still be allowed to use mountain bikes that conform to UCI MTB standards (i.e. no bar ends, no studded tires, at least two functioning brakes, no aero bars, etc.)
- The organizer and/or officials retain the full right to refuse any racer from racing.

Please consult the [UCI](#) and [CCA](#) rules to see all applicable rules and regulations

**Parking:**

Parking is available at the site. Please park on the west side of the parking lot north of 500 Shaftesbury Blvd.

**Courtesy and Safety:**

Please note that the Race will be happening in conjunction with CMU's Fall@CMU, so there will be plenty of other people around – some may not realize there is a race going on so keep your eyes open and watch out for pedestrians!

**Lunch:**

There will be food trucks available from 11:00 - 3:00. See [here](#) for a full schedule of events. There is also a café in folio which is in Marpeck Commons (library building) at the South end of the race course.

**Washrooms:**

Washrooms will be available inside the university.

**Farmers' and Makers' Market: 10:30am – 3:30pm**