

# 2023 Wednesday Night Race Series

Presented by the Mountain Bike Committee

## ONSITE REGISTRATION

**MCA MEMBERSHIP MUST BE PURCHASED PRIOR TO RACE EVENT**

## Race Club Hosts



MANITOBA  
CYCLING  
ASSOCIATION



Are proud to present the 2023 WMR MTB schedule:

Race Date	Venue	Host	Contact Name	Contact Number
3-May-23	Oak Ridge Trails-Birds Hill Park	Velodonnas	Gill	204-296-7309
4 June-23	TRAIL MAINTENANCE DAY**	MCA	Jason	204-223-4016
14-Jun-23	Oak Ridge Trails-Birds Hill Park	Bikes & Beyond	Brett	403-609-1052
5-Jul-23	Oak Ridge Trails-Birds Hill Park	Bikes & Beyond	Brett	403-609-1052
12-Jul-23	TRAIL MAINTENANCE DAY**	MCA	Jason	204-223-4016
26-Jul-23	Oak Ridge Trails-Birds Hill Park	Alter Ego	Shawn	204-771-1925
23-Aug-23	Spring Hill Trails	Bikes & Beyond	Brett	403-609-1052

**\*\*If you are interested in coming to lend a helping hand on the Trail Maintenance Days, please contact Jason, dates are subject to change depending on the weather & conditions.**

Venue & Location (Click on Venue link for map)	Directions
<a href="#">Oak Ridge Trails</a>	Enter the park from hi-way 59, pass through the west gate, stay right until you see the Bur Oak parking lot sign, enter there.
<a href="#">Spring Hill Trails</a>	<ul style="list-style-type: none"><li>• Springhill is private property, so there is no access to the venue with exception of the race. Race organizers will be on-site at 4 pm on the 23rd for final set up.</li><li>• Access to the Springhill property is just off Hwy 59 North. Use the exit right after the floodway bridge. Parking lot is just off Oasis Road. Please use the main gravel parking lot.</li></ul>
<b>Parking &amp; washrooms will be available at both locations</b>	

Registration & Category Details	
<b>MCA MEMBERSHIP MUST BE PURCHASED PRIOR TO RACE EVENT</b>	
<b>Race day registration only</b>	
<b>Check In &amp; Registration opens at 5.30pm &amp; closes 30 minutes before your event</b>	
KIDS RACE (U13)	ADULTS RACE
\$10 Cash Only	\$20 Cash Only
Race Start Time ~6:30PM	Race Start Time ~7:00PM
1,2 or 3 lap options (subject to change). Typically, not more than 30 minutes for the long option. Duration range between short & long is typically 12-30 minutes.	1,2 or 3 lap options (subject to change). Typically, not more than 1:15 hr. for the long option. Duration range between short & long is typically 25-75 minutes.
Prizing offered as random cash draw, 3 x \$10 at each event. All participants will be offered candy	Prizing offered as random cash draw, 3 x \$20 at each event.
Grand Prize Draw of \$200 for U13 will be drawn at the final event, Aug 23, 2023. The more you race, the more entries you earn for the draw!	Grand Prize Draw of \$300 for adults will be drawn at the final event, Aug 23, 2023. The more you race, the more entries you earn for the draw!

General Race Rules
<ul style="list-style-type: none"> <li>Pre-riding may only be done during the designated times for your category.</li> <li>Everyone riding on the course during scheduled Pre-Ride/training times MUST have a current MCA/UCI Race license. Nonmembers are not permitted to operate a bicycle on the course during scheduled event times.</li> <li>All racers must operate a bicycle with both front and rear working brakes.</li> <li>All racers must wear a safety approved helmet deemed appropriate for cycling AT ALL TIMES while riding (i.e., while training, racing, riding around the staging area etc.). No exceptions.</li> <li>Riders shall act and race with caution and respect for their fellow racers. They shall be held responsible for any accidents that they cause.</li> <li>Racers MUST present their license at the Registration/Check-in table. Do not come to a race without your license. FYI, technically, the license is to remain on your person throughout the race.</li> <li>It is a racer's responsibility to know the racecourse and the number of required laps before the race starts. Marshalls are not obligated to give out directions to confused riders.</li> <li>A racer must always act in a sporting manner and shall permit any faster rider to overtake without obstructing.</li> <li>If a rider exits the course for any reason, he/she must return to the course at exactly the same point from which they exited (i.e., do not cross over tape to re-enter the course).</li> <li>Music players and electronic devices are NOT allowed by any racers during any events.</li> <li>Sleeveless jerseys are NOT allowed.</li> <li>You may only wear the jersey of a club or team to which you currently belong, i.e., do not wear a Pro team jerseys unless you are currently a member of that Pro team.</li> <li>Handlebars must have end caps. Kickstands should be removed. Water bottle holders must be secured in appropriate locations on the bicycle frame or seat post.</li> <li>Race plates must be secured to the handlebar so that the number can be clearly read by the Commissaries at the Finish line. Do not alter the plate in any way. Ensure the plate is not obscured by brake cables or bent such that the numbers are difficult to read from a distance. Ensure the bottom of the plate is secured so that it cannot flip up.</li> <li>Before the race, know exactly where the finish line is situated. Your finish time is recorded on the finish line. Do not stop your race until you cross the finish line. Once finished, exit the area immediately.</li> <li>The finish line is for finishers. Never cross the finish line twice.</li> <li>If you leave the race for any reason, you MUST alert one of the Commissaries as soon as you are able. It is not fun to look for a "lost" rider who has left the racecourse unannounced.</li> <li>Glass containers are not allowed on the course, including the feed zone.</li> <li>Please walk your bicycle in the parking areas &amp; any other roadways adjacent to the race site.</li> <li>Please walk your bicycle in the registration, spectator and staging areas.</li> <li>Please consult the UCI and CCA rules to see all applicable rules and regulations.</li> </ul>

