

“The Landing” - South Landing Criterium

Organizer	Nick Bergen (204) 599-0291 Cycling.coach@sportmanitoba.ca
Date	Sunday, June 4, 2023
Location	South Landing Business Park, Counter Clockwise Loop starting from The Rink Training Centre 57 S Landing Dr, Oak Bluff, MB R4G 0C4
Parking	Rink Training Centre, North Corner of lot (far right side of building) Overflow parking will be at Mook Fabrics lot and Platinum Business Services . Important: Do not park on the road or grass.
Washrooms	Inside the RINK. Use north facing doors of The Rink Training Centre to access (beside our designated parking lot)
Eligibility	All valid UCI/CCA Race License or “Manitoba” Race License holders.
Registration	Registration is \$25 and is online only . No race day walk-ups. Registration Link: https://zone4.ca/register.asp?id=32230 Registration closes June 2, 11:59pm.

Race Day Sign-In Beside the RINK Parking Lot. Registration is open from 11:00 am to 12 pm. Leave sufficient time if you require a number. All racers of all categories must be signed in by 12 pm.

Schedule To help keep vehicles on course to a minimum it is asked that all racers and spectators who are driving please arrive before 12:15 pm and either stay for the duration of the event or leave between races. It is also a great bike ride to South Landing via Assiniboine Park and then down Shaftesbury/McCreary Rd and would serve as a good warm up for your race or feel part of the action as a spectator!

Schedule: Subject to change without notice based on participation.

Event	Duration			Start
Cat 5	20 min + 2 laps			12:30
Cat 4	30 min + 2 laps			1:10
Cat 1/2/3	40 min + 2 laps			2:00

Assembly Riders will assemble at The RINK parking lot 15 minutes before their race category begins.

Numbers Race officials will issue numbers for 2023, please use the number assigned to you at your first race.
Two numbers must be pinned to the right side of the jersey.

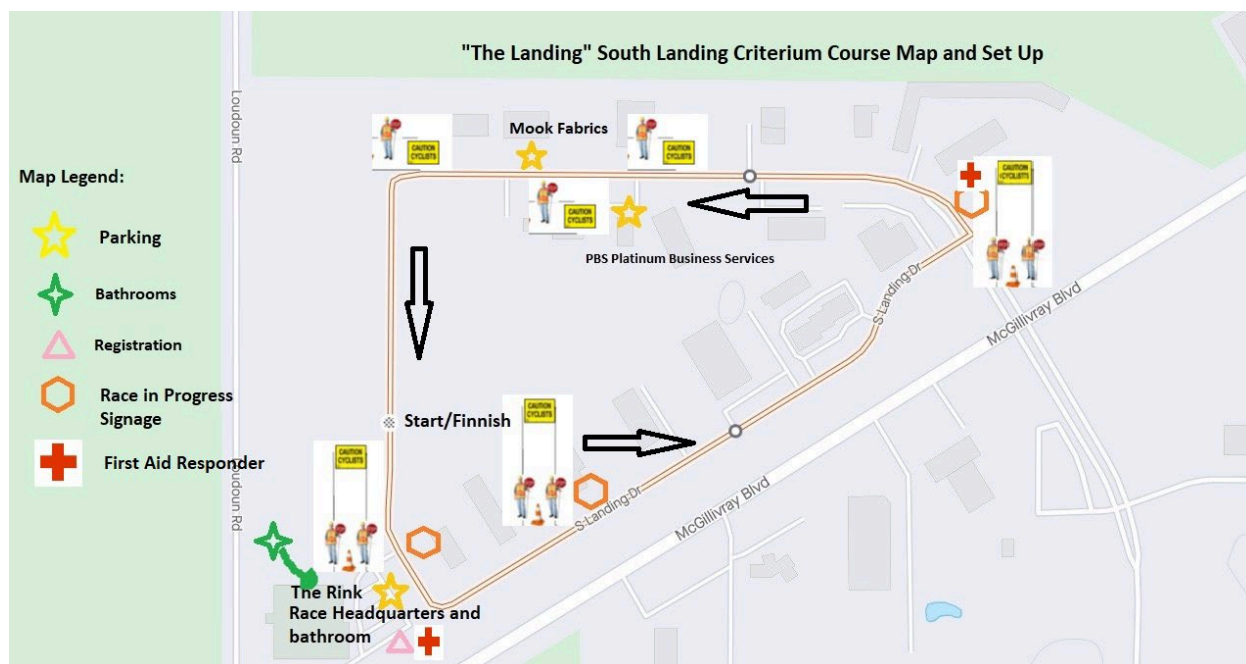
Prizes Podiums and prizing will take place after the final event at around 2:50 pm. Each Category will have prime lap prizes (a prime or “preem” is a cash reward awarded to the fastest rider of one lap within the race. It is a race within the race. Primes will be announced by the race announcer.

Podium Prizes are being generously donated by Bikes and Beyond and the RINK Training Centre.

If you sign up for both the South Landing Crit on June 4 and the Stony Mountain Crit on June 7 your name will be automatically entered in a draw for a gift basket (value \$100) generously donated from Deluca’s Speciality Foods, South Landing. See picture below:



Map



Race Rules

- The course is on open roads, and the public can access the course at any point. Signs will indicate that bike race is in progress, but marshals do not have authority to prevent people

from entering the course. Always keep your head up, stay alert, and be courteous to all vehicles and pedestrians.

- Feeding and material support information provided prior to race start.
- There will not be follow vehicles for each category. One follow vehicle will follow the last rider on the road.
- No personal/team/club follow vehicles are allowed on the racecourse.
- The race takes place on an active road. Marshals do not have the authority to force vehicles to stop. It is the rider's responsibility to ensure it is safe to proceed.
- All participants **must** have a valid UCI/CCA Race License or "Manitoba" Race License.
- All racers **must** operate a bicycle with both front and rear working brakes.
- All racers **must** wear a CPSC approved cycling helmet while operating a bicycle.
- Riders shall act and race with caution and respect for their fellow racers.
- Racers **must** present their license at the Registration/Check in table. Licenses **must** be purchased prior to race day; license purchases will not be available during registration.
- Use of headphones, two-way radios, phones, and other electronic devices, except for cycling computers, is not allowed during the race at any time.
- Sleeveless jerseys are not allowed.
- E-bikes and scooters are not allowed.
- You may only wear the jersey of a club or team to which you currently belong. Do not wear a pro or club team jerseys unless you are currently a member of that pro team or club.
- Handlebars must have end caps. Kickstands **must** be removed. Water bottle holders must be secured in appropriate locations on the bicycle frame or seat post.
- If you leave the race for any reason, you **must** alert one of the Commissaires as soon as you are able.
- Please do not mill around on the road before or after your race. It is a traffic hazard and discourteous to drivers and riders still on the course.
- Riders **must not** intentionally impede the progress of other riders
- Please walk your bicycle in the parking areas & any other roadways adjacent to the race site.
- Please walk your bicycle in the registration, spectator, and staging areas.
- Please consult the UCI and CCA rules to see all applicable rules and regulations.