

MennoCross 2022 Race Bible

Race Organizer: Charlene Guenter, darkredracingmb@gmail.com

Race Date: Saturday Sept. 24th, 2022

Race Formats: CX Race – Mass start with your category. Time and laps depend on category.

Location: Canadian Mennonite University 500 Shaftesbury, Blvd. Winnipeg, MB

Times:

9:30 – Registration and sign-in. Registration opens at 9:30 and closes 30 minutes prior to your event, please arrive in plenty of time to sign-in and pick up your timing chip.

9:30 – 10:45 Course Open

11:00 – 12:00 Kids Events: U11 kids and younger, U13 kids with less racing experience; male and female. Duration: 20 minutes

There will be two kids' events depending on numbers.

Event #1 – Under 9

Event #2 – Under 12

12:00 – 1:00 Course Open

1:00 - B Event: CX 3 male, CX 1/2/3 female. Duration: 40 minutes

2:00 - B podium

2:15 – A Event: CX 1/2 male. Duration 60 minutes

3:30 - A podium

3:45 – C Event: #1 CX 4 female, U17 male and female racers, Duration: 30 minutes

4:30 - C Event #2 CX 4 male, Duration: 30 minutes

5:15 - C Event #1&2 podiums

Registration: NO RACE DAY WALK UPS - **only online pre-registration available**

- Sign in opens at 9:30am and ends 30 minutes prior to your event.
- You must hold a UCI/CCA or MCA racing license or purchase a day use license to race in the C, B, or A events.
- If purchasing a day use license you should choose your category accordingly. If you have never done a cyclocross race or have little race experience you should register for the C Event. Feel free to email the race director if you have questions about this.
- Waiver Forms are signed online at the time of registration.

Costs:

Kids.....free (plus day licence if required)
U17.....\$30 (plus day licence if required)
adults....\$40 (plus day licence if required)

Race Course:

The course will be between 2.5 and 3 km in length. The length will be determined by the weather for that day. The surface will be a combination of grass, dirt, and gravel. The course is a combination of rolling and flat sections.

Race Regulations:

- All racers must operate a bicycle with both front and rear working brakes.
- All racers must wear a CSA approved helmet while riding on OR off-course (even the parking lot).
- Riders shall act and race with caution and respect for their fellow racers. They shall be held responsible for any accidents that they cause.
- Racers must have their license with them at all times during a race event.
- A racer must act in a sporting manner at all times and shall permit any faster rider to overtake without obstructing.
- UCI/CCA/MCA license
- A and B events (CX1/2 Men, CX3 Men, and CX1/2/3 Women) must have a cyclocross style bike (tires max 35 mm wide, road style handlebars NOT straight bars, max width of bars 50 cm).
- Riders in the C (CX4 men, CX4 women, and citizen racers) and Open events will still be allowed to use mountain bikes that conform to UCI MTB standards (i.e. no bar ends, no studded tires, at least two functioning brakes, no aero bars, etc.)
- The organizer and/or officials retain the full right to refuse any racer from racing.

Please consult the [UCI](#) and [CCA](#) rules to see all applicable rules and regulations

Parking:

Parking is available at the site. Please park on the west side of the parking lot north of 500 Shaftesbury Blvd.

Courtesy and Safety:

Please note that the Race will be happening in conjunction with CMU's Fall@CMU, so there will be plenty of other people around – some may not realize there is a race going on so keep your eyes open and watch out for pedestrians!

Lunch:

There will be food trucks available from 11:00 - 2:00. See [here](#) for a full schedule of events. There is also a café in folio which is in Marpeck Commons (library building) at the South end of the race course.

Washrooms:

Washrooms will be available inside the university.