



Contact:

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Driving Directions: Selo Ukraina Site, Upper Campground [Google Maps](#)

Eligibility: The race is open to all riders, no race MCA race license necessary.

Categories:

- Youth – One 4km lap
- My First Race – Two 4km laps
- Sport – Three 6km laps
- Elite – Five 6km laps

Race Day Schedule:

12:00 -12:50 pre ride (4km lap events only)

12:50 – 4km lap events staging (staggered)

1:00 – 4km lap events start

2:15-3:15 – 6km lap events pre ride

3:15 – 6km lap events staging (staggered)

3:25 – 6km lap events start

5:30 – Prizes and food

Race Fees:

Category	Pre Registration	On-site Registration
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Youth	\$20	\$25
My First Race	\$25	\$30
Sport	\$30	\$35
Elite	\$30	\$35

Race Day Registration: Registration opens at 10:30AM and ends 1 hour before event start. Please try to Pre-Register as it gives us a

better estimate for food and participants. There is an additional \$5 for race day registration in ALL categories

Check In: Check in is required by ALL registered racers. Must be completed ½ hour before event start or earlier.

Awards:

Prizing will be distributed for all categories

Race Course: Race course will be marked and designed by Dauphin Derailleurs volunteers, it is a mix of rock, wooden bridge, dirt singletrack, and sand. There is moderate climbing, descending and some technical sections. This course is a test for the 2020 Manitoba Summer Games

General Race Rules:

- Pre-riding may only be done during the designated times for your category.
- All racers must operate a bicycle with both front and rear working brakes.
- All racers must wear a safety approved helmet deemed appropriate for cycling AT ALL TIMES while riding (i.e. while training, racing, riding around the staging area etc.). No exceptions.
- Riders shall act and race with caution and respect for their fellow racers. They shall be held responsible for any accidents that they cause.
- Racers MUST present their license at the Registration/Check in table. Do not come to a race without your license. FYI, technically, the license is to remain on your person throughout the race.
- It is a racer's responsibility to know the race course and the number of required laps before the race starts. Marshals are not obligated to give out directions to confused riders.
- A racer must act in a sporting manner at all times and shall permit any faster rider to overtake without obstructing.
- If a rider exits the course for any reason, he/she must return to the course at exactly the same point from which they exited (i.e. do not cross over tape to reenter the course).
- Music players and electronic devices are NOT allowed by any racers during any events.
- Handlebars must have end caps. Kickstands should be removed. Water bottle holders must be secured in appropriate locations on the bicycle frame or seat post.
- Race plates must be secured to the handlebar so that the number can be clearly read by the Commissaires at the finish line. Do not alter the plate in any way. Ensure the plate is not

obscured by brake cables or bent such that the numbers are difficult to read from a distance. Ensure the bottom of the plate is secured so that it cannot flip up.

- Before the race, know exactly where the finish line is situated. Your finish time is recorded on the finish line. do not stop your race until you cross the finish line. Once finished, exit the area immediately.
- The finish line is for finishers. Never cross the finish line twice.
- If you leave the race for any reason you MUST alert one of the Commissaires as soon as you are able. It is not fun to look for a "lost" rider who has left the race course unannounced.
- Glass containers are not allowed on the course, including the feed zone.
- Please walk your bicycle in the parking areas & any other road ways adjacent to the race site.
- Please walk your bicycle in the registration, spectator and staging areas.
- Please consult the UCI and CCA rules to see all applicable rules and regulations.

Parking & Camping:

Parking & camping is available on site, in upper campground area.

Courtesy and Safety:

The course is open and the public can access the course at any point. Signs will indicate that a bike race is in progress. Be aware that volunteer marshals do not have authority to prevent people from entering the course. Keep your head up at all times. Be courteous to others.

A medic will be on site.

Washrooms:

Facilities are available on site.

Cancelation and Rain Delays:

The course can be used as long as there is no significant amount of rain, please consult mbcycling.ca for updated info, Twitter: MB cycling for up- to-date notices, and a variety of Facebook groups for last minute info

Entry Fees – Weather Cancellation: In the event that a race is cancelled due to inclement weather, we will make every effort to refund paid fess to athletes who register the day of, or pre registered.