



Thanks Givin'r

October 06, 2018

Cat 4 Men (Men)

winner: 29:51

Pos	Bib	Name	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4
1	221	ANDRES, Ty	29:51		7:21	7:08	7:37	7:44
2	204	RISTAU, David	30:27	0'37"	8:08	7:19	7:31	7:30
3	267	TIEDE, Steve	30:36	0'46"	7:20	7:37	7:54	7:46
4	209	DUNBAR, Chris	31:04	1'13"	7:42	7:42	7:43	7:56
5	214	GELHORN, Russell	31:17	1'26"	7:29	7:52	7:59	7:56
6	255	FRITH, Kenton	31:29	1'38"	7:20	7:47	8:15	8:07
7	259	APRAIZ, Unai	31:59	2'09"	7:52	7:52	8:08	8:08
8	261	HOBDEN, Jeff	32:08	2'18"	7:28	8:04	8:18	8:17
9	210	STEFANEC, BLAKE	32:11	2'21"	7:56	7:48	8:14	8:13
10	205	DALLING, Ewan	32:36	2'46"	7:51	8:09	8:14	8:22
11	293	BORLAND, Jonathan	32:39	2'48"	7:54	8:08	8:17	8:20
12	257	MALCOLM, John	32:50	2'59"	7:41	8:11	8:44	8:14
13	228	MCNICHOLL, Jason	32:56	3'06"	8:15	8:01	8:17	8:23
14	201	KARES, Petr	33:04	3'14"	7:34	8:17	8:43	8:30
15	234	GRABAU, Mathew	33:07	3'16"	8:33	8:11	8:13	8:11
16	290	DUECK, Justin	33:14	3'23"	7:58	8:22	8:27	8:27
17	223	TESSIER, Matthew	33:18	3'27"	8:20	8:02	8:46	8:10
18	246	MCGOWAN, Kirby	33:29	3'38"	8:25	8:09	8:20	8:34
19	213	STOJAK, Ken	33:37	3'47"	7:50	8:36	8:43	8:28
20	283	KUPPENSTEIN, Reg	34:04	4'13"	7:58	8:35	8:41	8:50
21	250	SMITH, Adam	34:04	4'14"	8:40	8:16	8:35	8:33
22	265	WILLIAMS, Sean	34:55	5'05"	8:07	8:51	9:07	8:50
23	249	BROOKS, Jeff	35:07	5'17"	8:38	8:50	8:50	8:49
24	244	GENDRON, Bill	35:13	5'23"	8:43	8:47	8:48	8:54
25	237	MATTHEWS, John	35:19	5'29"	8:53	8:49	8:51	8:47
26	248	SMITH, Ian	35:24	5'34"	8:01	9:10	9:19	8:54
27	295	WYCHNENKA, Andrew	35:54	6'03"	8:16	9:08	9:15	9:14
28	215	ENNS, Dan	36:45	6'55"	9:21	9:11	9:06	9:07
29	292	JOHNSON, Derek	36:52	7'01"	9:01	9:16	9:15	9:20
30	264	THIESSEN, Zig	36:55	7'04"	8:36	9:16	9:43	9:20
31	206	BORLAND, Owen	36:58	7'08"	8:45	9:06	9:18	9:49
32	230	FELDSCHMID, Jurgen	37:14	7'23"	8:19	9:15	10:09	9:31
33	235	GAUTHIER, Brad	37:50	7'59"	8:24	10:28	9:37	9:21
34	243	FILLION, Nicholas	38:09	8'19"	9:17	9:34	9:42	9:36
35	208	KARES, Alex	38:24	8'33"	9:17	9:42	9:48	9:37
36	200	MARTIN, Brent	30:36	-1 lap	9:41	10:07	10:48	
37	239	MCGOWAN, Duncan	37:13	-1 lap	11:53	12:10	13:09	



Thanks Givin'r
October 06, 2018
Cat 4 Women (Women)
winner: 30:53

Pos	Bib	Name	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4
1	312	SAWATSKY, Mia	30:53		7:39	7:29	7:43	8:02
2	342	BANMAN, Christina	31:28	0'36"	7:34	7:34	8:10	8:10
3	316	RUSLE, Christa	33:03	2'10"	7:59	8:14	8:29	8:21
4	300	FRANCIS, Heather	33:43	2'51"	8:23	8:23	8:30	8:28
5	314	MITCHELL, Emma	35:05	4'13"	8:41	8:41	8:41	9:03
6	307	JABS, Marlis	35:09	4'16"	8:42	8:42	8:54	8:51
7	335	SAWATSKY, Kate	35:52	5'00"	8:58	8:58	8:58	8:58
8	340	FRIESEN, LeAnn	35:56	5'03"	8:55	9:04	9:01	8:56
9	306	HOLMS, Jenn	36:57	6'05"	10:04	8:45	8:56	9:12
10	344	BROWN, Lesley	38:11	7'19"	9:13	9:44	10:00	9:14
11	345	HYTTIAINEN, Melissa	38:26	7'34"	9:42	9:29	9:48	9:28
12	313	MITCHELL, Madeline	38:26	7'34"	9:38	9:24	9:47	9:38
13	325	SULZ, Donna	38:51	7'58"	9:39	9:43	9:52	9:37
14	304	PETERS, Vanessa	39:48	8'56"	9:10	9:57	10:19	10:22
15	323	GOBERT, April	30:52	-1 lap	10:06	10:03	10:43	
16	319	OTT, Sandra	32:12	-1 lap	10:30	10:42	11:01	
17	301	ANDRES, Callie	37:24	-1 lap	11:56	12:12	13:15	
DNF	333	COOPER, Gill			11:39	11:39		



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October 06, 2018
Citizen Men (Men)
winner: 30:44

Pos	Bib	Name	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4
1	355	LOEWEN, Benjy	30:44		7:58	7:31	7:34	7:41
2	357	WOOD, Mackenzie	31:44	1'00"	8:16	7:38	7:51	7:58
3	359	GRAHAM, Nikolas	31:58	1'15"	7:59	7:59	7:59	8:00
4	365	STIFF, Matthew	33:02	2'18"	8:20	8:08	8:22	8:12
5	370	LISOGORSKY, Ariel	33:17	2'33"	8:11	8:10	8:28	8:28
6	354	KENNEDY, Jonathan	35:34	4'50"	9:00	8:38	8:58	8:57
7	361	GIBBONS, Scott	35:40	4'57"	8:56	8:49	8:54	9:02
8	358	REES, Steven	36:19	5'36"	8:58	8:58	8:58	9:26
9	369	KLASSEN, Tim	30:14	-1 lap	9:38	10:21	10:15	
10	356	RICHARD, Adam	30:15	-1 lap	9:50	9:50	10:35	
11	360	MENDOZA, Erid	32:18	-1 lap	9:39	11:35	11:05	



Thanks Givin'r
October 06, 2018
Citizen Women (Women)
winner: 35:13

Pos	Bib	Name	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4
1	389	GIGIEL, Agnieszka	35:13		8:45	8:26	9:14	8:49
2	375	HALL, Jenny	31:25	-1 lap	10:27	10:22	10:36	
3	380	MORRISON-D, Jackie	31:45	-1 lap	10:28	9:59	11:18	
4	393	SHERBO, Jessica	36:55	-1 lap	11:07	12:41	13:07	
5	377	ANDRES, Michelle	37:29	-1 lap	11:59	12:28	13:01	