

Menno Cross
September 22, 2018
Cat 4 Men (Men)
winner: 25:15

Pos	Bib	Last Name	First Name	Time	Gap	Lap 1	Lap 2	Lap 3
1	260	PENNER	Garret	25:15		8:25	8:25	8:26
2	263	ROY	Lucas	25:52	0'37"	8:37	8:37	8:38
3	221	ANDRES	Ty	26:06	0'51"	9:03	8:35	8:28
4	231	SOMERS	Chris	26:23	1'08"	8:50	8:47	8:47
5	272	ROBSON	Christian	26:33	1'17"	8:48	8:47	8:58
6	251	HELMS	Robert	26:34	1'18"	8:53	8:53	8:49
7	267	TIEDE	Steve	26:35	1'20"	8:52	8:52	8:52
8	262	KRAHN	Dustin	26:37	1'22"	8:52	8:52	8:52
9	227	KLEINHOLZ	Mark	26:39	1'23"	8:40	8:53	9:06
10	255	FRITH	Kenton	26:41	1'25"	9:01	8:38	9:02
11	201	KARES	Petr	26:50	1'35"	8:59	8:59	8:52
12	213	STOJAK	Ken	26:57	1'42"	8:58	8:58	9:02
13	261	HOBDEN	Jeff	27:10	1'55"	8:53	8:53	9:24
14	290	DUECK	Justin	27:21	2'05"	9:09	8:52	9:20
15	235	GAUTHEIR	Brad	27:26	2'11"	9:02	9:02	9:23
16	259	APRAIZ ZENON	Unai	27:34	2'19"	9:13	8:59	9:22
17	283	KLIPPENSTEIN	reg	27:36	2'20"	9:07	9:03	9:26
18	247	HUEBNER	Jonah	27:37	2'22"	9:32	9:00	9:05
19	214	GELHORN	Russell	27:44	2'28"	9:28	9:08	9:08
20	257	MALCOLM	John	27:47	2'31"	9:30	9:05	9:12
21	226	DYCK	Paul	27:49	2'33"	9:45	9:02	9:02
22	205	DALLING	Ewan	27:52	2'36"	9:30	9:00	9:21
23	271	CROWTER	Craig	28:22	3'07"	9:30	9:30	9:23
24	249	BROOKS	Jeff	28:38	3'22"	9:33	9:33	9:33
25	248	SMITH	Ian	28:49	3'33"	9:23	9:34	9:52
26	264	THIESSEN	Zig	29:07	3'51"	9:42	9:27	9:58
27	236	THIESSEN	Rodney	29:08	3'52"	11:04	9:00	9:03
28	292	JOHNSON	Derek	29:08	3'53"	9:50	9:50	9:27
29	237	MATTHEWS	John	29:15	4'00"	10:06	9:35	9:35
30	270	GUIBOCHE	Curtis	29:21	4'05"	9:55	9:55	9:31
31	229	CHARLES	Jordan	29:36	4'21"	10:24	9:30	9:42
32	287	DYCK	Darryl	29:47	4'31"	10:17	9:45	9:45
33	275	SMITH	Adam	29:47	4'31"	10:09	10:09	9:29
34	210	STEFANEC	Blake	29:50	4'35"	10:37	9:47	9:26
35	244	GENDRON	bill	30:11	4'56"	10:25	9:36	10:11
36	206	BORLAND	Owen	30:19	5'03"	10:39	9:40	10:00
37	225	KUNST	Karsten	30:28	5'12"	10:57	9:44	9:47
38	246	MCGOWAN	Kirby	30:33	5'17"	10:11	10:11	10:11
39	28	BUBIS	Danny	30:53	5'37"	11:03	9:50	9:59

40	234	GRABAU	Mathew	30:55	5'40"	11:10	9:54	9:50
41	232	WIEBE	Levi	31:37	6'22"	11:06	10:15	10:16
42	228	MCNICHOLL	Jason	31:54	6'39"	11:34	10:15	10:05
43	230	FELDSCHMID	Jurgen	31:59	6'44"	10:46	10:58	10:15
44	208	KARES	Alex	32:09	6'54"	11:20	10:17	10:32
45	243	FILLION	Nicolas	32:35	7'20"	10:02	10:42	11:52
46	233	EYSSENS	Chad	33:36	8'20"	11:12	11:12	11:12
47	250	SMITH	Jackson	35:51	10'36"	11:56	11:56	11:59
48	239	MCGOWAN	Duncan	38:18	13'03"	12:42	12:00	13:37
49	220	CROWTER	Caden	38:20	13'05"	12:35	12:10	13:36
50	269	TRYON	Gavin	28:29	-1 lap	14:14	14:14	
DNF	252	BARNABÉ	Sylvain			9:02	9:03	

Total: 51 Starters, 1 DNF, 1 Lapped

Menno Cross
September 22, 2018
Cat 4 Women (Women)
winner: 27:12

Pos	Bib	Last Name	First Name	Time	Gap	Lap 1	Lap 2	Lap 3
1	312	SAWATSKY	Mia	27:12		9:22	8:50	8:59
2	342	BANMAN	Christina	27:16	0'05"	9:09	8:53	9:14
3	307	JABS	Marlis	28:35	1'24"	9:53	9:11	9:32
4	316	RUSK	Christa	28:38	1'27"	9:55	9:19	9:24
5	337	MORISSETTE	Ariane	29:18	2'07"	9:51	9:23	10:04
6	300	FRANCIS	Heather	29:24	2'12"	10:13	9:19	9:52
7	335	SAWATSKY	Kate	29:40	2'27"	10:20	9:40	9:40
8	314	MITCHELL	Emma	29:59	2'48"	10:28	9:40	9:51
9	310	PEARSON	Kristie	30:00	2'49"	10:10	10:10	9:40
10	313	MITCHELL	Madeline	30:12	3'01"	10:38	9:36	9:58
11	304	PETERS	Vanessa	30:56	3'45"	10:22	10:03	10:31
12	303	BLAIS-SHIOKAWA	France	31:02	3'50"	10:14	10:11	10:37
13	323	GOBERT	April	33:07	5'56"	10:55	10:42	11:30
14	325	SULZ	Donna	33:24	6'12"	11:44	10:29	11:11
15	345	HYTTIAINEN	Melissa	33:52	6'40"	11:37	10:46	11:30
16	344	BROWN	Lesley	34:23	7'11"	11:23	11:23	11:38
17	315	SANDERS	Joanne	34:40	7'28"	11:48	11:07	11:44
18	319	OTT	Sandra	35:12	8'00"	12:19	11:23	11:29
19	320	GAUTHIER	Aimee	35:56	8'45"	12:57	11:30	12:11
20	322	GOTTSCHALK	Tania	35:57	8'46"	11:47	11:09	13:01
21	317	DROSDOWECH	Kerri	36:03	8'51"	12:27	11:40	11:56
22	333	COOPER	Gill	36:27	9'16"	11:47	11:44	12:56
23	308	GAUTHIER	Candace	27:10	-1 lap	13:35	13:35	
24	331	EYSSENS	Jessica	33:08	-1 lap	15:20	17:49	
DNF	309	GUENTER	Abby			13:34		

Total: 24 Starters, 1 DNF, 2 Lapped

Menno Cross
September 22, 2018
Citizen Men (Men)
winner: 27:40

Pos	Bib	Last Name	First Name	Time	Gap	Lap 1	Lap 2	Lap 3
1	365	STIFF	Matthew	27:40		9:55	8:48	8:57
2	370	LISOGORSKY	Ariel	28:24	0'43"	9:29	9:20	9:35
3	358	REES	Steven	28:33	0'53"	9:45	9:22	9:26
4	359	GRAHAM	Nikolas	28:35	0'54"	9:53	8:57	9:44
5	354	KENNEDY	Jonathan	28:53	1'13"	10:20	9:05	9:28
6	353	CHAN	Michael	29:15	1'34"	9:50	9:38	9:47
7	372	BEISCHER	Tye	29:42	2'01"	9:54	9:54	9:54
8	351	WIEBE	Trevor	32:19	4'38"	11:21	10:06	10:53
9	362	FRASER	David	32:40	5'00"	11:27	10:26	10:47
10	360	MENDOZA	Erid	35:24	7'44"	12:09	11:12	12:03
11	352	KOWALUK	Bruce	35:48	8'08"	12:11	11:49	11:49
DNF	350	PAQUETTE	Gilles					

Total: 11 Starters, 1 DNF, 0 Lapped

Menno Cross
September 22, 2018
Citizen Women (Women)
winner: 34:04

Pos	Bib	Last Name	First Name	Time	Gap	Lap 1	Lap 2	Lap 3
1	389	GIGIEL	Agnieszka	34:04		11:42	11:12	11:10
2	393	SHERBO	Jessica	36:10	2'06"	12:21	11:55	11:55
3	377	ANDRES	Michelle	37:16	3'12"	12:52	11:55	12:29
4	386	MCDONALD	Daniella	37:41	3'36"	12:50	11:59	12:52
5	379	FURGALE	Sarah	27:25	-1 lap	13:42	13:43	

Total: 5 Starters, 0 DNF, 1 Lapped