

2018 Handicap Road Races

Host Club: Manitoba Provincial Cycling Program

Race Organizer: Jayson Gillespie

Phone #: 204-333-5503

Email: cycling.coach@sportmanitoba.ca

Dates: 1) Thursday, May 31, 2018
2) Tuesday, Aug 21, 2018

Location: Bird's Hill Park Large Loop (staging is in the East Beach parking lot)

Driving Directions: Birds Hill Park - enter the Park and take South Drive to the East Beach parking lot.

Eligibility: The race is open to all riders with a valid UCI/CCA/MCA race license. MCA citizen license holders are eligible to race in the Citizen category only.

To purchase a UCI/CCA/MCA license visit www.mbcycling.ca and click License Registration on the right sidebar.

REGISTRATION INFORMATION: You must register for this race in person; no online registration. You MUST present your UCI license at time of registration.

Pre Registration: Not available.

Race Day Registration: On site registration will be from 6:15 pm – 6:45 pm.

COST: All categories (day of registered): \$15

RACE INFORMATION

Race Start Times:

- 7:00 pm (sharp) – Cat 5 start
- 7:08 pm – Cat 4 start
- 7:15 pm – Cat 2/3 start

Race Course: 4 laps – 44.6km – estimated finish time is 8:25 pm

(Note: Departure times may change slightly at the discretion of the race organizer and commissaire depending on turnout amongst other factors)

The riders will have a 25kmh neutral start to the bottom of the first climb where the neutral vehicle will move out of the way and the racing will begin;

The finish line will be at the Pan Am start/finish line.

The timing will start at the end of the neutral zone; the commissaires' timer is the final time.

Prizes: Top 7 riders will be awarded based on the number of registered participants

Post Race Drinks and food available for all!

SAFETY AND EQUIPMENT

Equipment:

- Traditional road bikes will meet UCI guidelines. And are the only bikes allowed in this event.
- Commissaires have the discretion to disallow the use of any equipment they consider unsafe.

Some regulations of note:

- The front tip of the seat must be at least 5 cm behind a vertical line passing through the centre of the bottom bracket.
- A single race number must be pinned to the back of each rider's jersey (as opposed to the usual two for road races). If you do not have a number, you will be assigned one at check-in. You will be instructed as to the proper location on race day.
- Juniors must use UCI junior gearing.

Washrooms are available at the east beach.

Any questions can be answered by emailing the organizer whose contact info is at the start of this document.