



50% Gravel + 50% Pavement = 100% FUN!

The Rooster 50/50 Race Bible

Organizer: Terry Macyk, macyk1984@gmail.com, 204.918.3726

Date: Saturday, June 30, 2018

Location: Location: (Camp Assiniboia) Lido Plage Loop, Mb., R.M of Cartier
2220 Lido Plage Rd, Cartier, MB R4K 1A3 (204)864-2159

Directions: Head west on Roblin, through Headingly and turn Right onto Lido Plage Road. Registration along with Start/Finish will be at Camp Assiniboia

Eligibility: This race is open to all licensed MCA members.

Parking: Camp Assiniboia

Washrooms: Camp Assiniboia

Registration: <http://www.bikereg.com/rooster-5050>

- **Online Registration Closes Friday, June 29th @ 9:00 PM**
- In person, on race day; please download and fill out the **entry form**, and bring it to the race. If you come to the race without forms completed, you risk missing your race due to congestion at the registration desk.
- Race Day Registration opens at 10:00am and closes at 11:30am.

*All racers must show their 2018 race license to the commissaries. It's part of the insurance requirements.

COST:

- \$20 online for **MCA licensed** racers.
- \$30 for same day registration (cash only)
- U 17 Kids racing in the adult races pay \$20. Free for Kids 13 and under.

PRIZING:

Cash prizes will be dependent on the number of registrants and awarded to the top 3 finishers in each category.

SCHEDULE

- | | | | |
|-----------------|-----------------------|------------|-------|
| • Cat 1/2/3 | 7 laps of the circuit | Start Time | 12:00 |
| • Cat 4 | 5 laps of the circuit | Start Time | 12:03 |
| • Cat 5/citizen | 3 laps of the circuit | Start Time | 12:06 |

ASSEMBLY AND SEEDING:

Riders will assemble 10 minutes before the scheduled race start and not be seeded.

RACE COURSE:

The course will be run clockwise on the Lido Plage loop. It will start/finish near the entrance to Camp Assiniboine on pavement. It is a 10km loop, almost exactly 50% gravel and 50% pavement.

I would recommend using the widest road tires you can if you're using a road bike, or even better would be to use a cyclocross bike.

ALSO:

This is important; there is no liquor licence. As such please don't consume alcohol or supply it to any of the racers.