



**MANITOBA  
CYCLING  
ASSOCIATION**

## **2018 MCA Provincial ITT Championships**

The MCA is pleased to announce that the 2018 Provincial ITT Championships will take place on Saturday August 25, 2018

**Date:** Saturday August 25, 2018

**Host Club:** Manitoba Cycling Provincial Program

**Race Organizer:** Jayson Gillespie: (204) 333-5503; [cycling.coach@sportmanitoba.ca](mailto:cycling.coach@sportmanitoba.ca)

**Location:** River Road

- Sign in and registration will be at the far east side of the Larter's Golf Course parking lot, closest to the road

Larter's Golf Course  
30 River Road  
St. Andrews

**Registration: A UCI Racing License is required.** You must hold a valid UCI race license. Riders with a UCI racing license issued by a cycling federation other than Manitoba (including other countries) may compete but are not eligible for medals. Day licenses are not available for provincial events.

You must complete the race registration form and race waiver. Pre-registration is highly recommended and is available on the MCA website. Please look for the "Register Now" button on the Provincial Event Calendar.

**Cost:**

- On Site Registration only
- \$20 per individual event or \$50 for all 3 events
- Full payment must accompany registration.

**Sign-In:** All racers must still sign-in the morning of the race. All riders must show their license to the commissaries. **Sign-in will start at 7:00am and will end at 7:45am.**



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**Washrooms:** There will be a port a potty on site.

**Race Distances:**

- Age categories are determined by your age as of December 31, 2018.
- A number of categories may race together, but you compete only against others in your age and sex category.
- Course length is 16km

**1 Lap is 16 km (8 km out and back)**

- U15 (13,14) 1 Lap
- U17 (15,16) 1 Lap
- Junior (17,18) 2 Laps
- Espoir (19 –22) 3 Laps
- Senior (23 –29) 3 Laps
- Master A (30 –39) 2 laps
- Master B (40 –49) 2 Laps
- Master C (50 –59) 2 Laps
- Master D (60 –69) 2 Laps

**Start Times:** First rider will leave at 8:00am

- Riders will assemble before the start time for roll call and final instructions

**Medals:** will be awarded to the top 3 riders in each category, medal ceremony will take place after the conclusion of all races.

**Official Notes:**

- No rider support vehicles are allowed on the course except for those provided by the organizer.
- Provincials is an extremely competitive event, but it is a sporting event and rules of sportsmanship prevail:
  - There are 180° turn-arounds at each end of the course.
  - Riders have a responsibility to look after one another's safety.
  - Riders have a responsibility to ensure there is adequate space before attempting to pass between or around other riders.
  - Riders shall not intentionally impede the progress of other riders
  - The course is an out and back race course, the yellow line rule will be in effect at all times



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## Course Map:

