

# Stream'n' Wood

MAKE EVERYDAY AN ADVENTURE

135 17TH ST N BRANDON MB (204) 727-2767

## Brandon Hills MTB Race On Sunday May 1, 2016

Presented by Stream N Wood

Online registration is available PRIOR TO **Thursday April 28th at MIDNIGHT**

**Payment online or race day registration only. (Exact cash on race day please)**

**Contacts:** Clayton Heppner

Email: [clayton@streamnwood.com](mailto:clayton@streamnwood.com)

Phone: (204-727-2767)

**Location:** Brandon Hills WMA is located 15 minutes outside of Brandon. The best route to the trail head is to travel south of Brandon on the #10 Highway 5 miles. Turn east and drive down High Country road for 2 miles then turn South. Drive 1 mile up the hill and the parking lot will be on the East side of the Road

**Driving Directions:** [Google map directions](#)

**Eligibility:** The race is open to all riders **with** a valid UCI/CCA/MCA race license. To purchase a UCI/CCA/MCA license visit [www.mbcycling.ca](http://www.mbcycling.ca).

**Brandon Hills Cup Race is one of three Qualifiers for the 2016 Power Smart Manitoba Games in Steinbach. All athletes in the U13 & U15 categories are eligible to try-out for their Regional Team. You MUST indicate your intention to qualify when you register and confirm with the officials when you sign in on race day. Team selection will be based on the best 2 of 3 qualifier race results. You do NOT need to race all 3 qualifiers but you must race at least 1 qualifier to be considered for selection. Some exceptions may apply. For more information please visit: [manitobagames.mbcycling.ca](http://manitobagames.mbcycling.ca)**



**Categories:**

- Elite, male and female
- Expert, male and female
- Comp, male and female
- Sport Senior, male and female
- Sport Jr. (U19), male and female
- Citizen, male and female
- U17, boys and girls
- U15, boys and girls
- U13, boys and girls
- U11, boys and girls
- U9, boys and girls
- U7, boys and girls

**Race Day Schedule:**

- Registration Opens – 8:30
- Kids Pre-ride: (U7, U9, U11, U13) – 8:30-9:30
- **Event 1:** U7/U9 (male and female) – 10:00
- **Event 2:** U11, U13 (male and female) – 11:00
- U15 through Elite Pre-ride: 12:15 – 1:15
- **Event 3:** Elite, Expert, Comp, Sport Senior, Sport Junior, U17, U15, (male and female) – 1:30

**Race Fees:**

- Pre-Registered 18+ - \$25
- Race Day 18+ - \$40
  
- Pre-Registered U7-U17 - \$10
- Race Day U7-U17 - \$15
  
- Pre-Registered Citizen - \$10
- Race Day Citizen - \$15

**Pre-Registration:** The pre-registration deadline is **Thursday April 28th at MIDNIGHT.**

**Race Day Registration:** If you miss the pre-registration deadline you must register onsite. On-site registration will be open at 8:30am and will close 1hr before your race start time:

- Event 1 (U7/U9) 8:30-9:00 (Start time 10:00)
- Event 2 (U11/U13) 8:30-10:00 (Start time 11:00)
- Event 3 (U15-Elite) 8:30-12:30 (Start time 1:30)

**Check In:** All registered riders must "Check-in" at the registration table during the registration period for their class listed above.

**Awards:** Prizes will be given to the top 3 finishers in each category directly after each race

**Optimal Duration of Race by Category:**

**ADULT**

- Elite Men: 1:30–1:45
- Elite Woman: 1:30-1:45
- Expert Men: 1:15-1:30
- Expert Woman: 1:10–1:30
- Comp Men: 1:15-1:30
- Comp Woman: 1:00–1:15
- Sport Senior Men: 1:00-1:15
- Sport Senior Woman: 0:45-1:00
- Sport Jr. Men: 1:00-1:15
- Sport Jr. Woman: 0:45-1:00
- Citizen: **1 Lap**

**YOUTH**

- U17 Male: 0:45-1:15
- U17 Female: 0:45-1:00
- U15: 0:30-0:55
- U13: 0:20-0:45
- U11: 0:15-0:30
- U9: 0:15-0:30
- U7: 0:10-0:20

\*The above race durations are an estimate. The Commissaires (race officials) will determine the number of laps per category on race day.

**Race Course:**

The race surface is dirt with roots, logs, and rock. It is a mix of mostly singletrack and some ATV trail sections (doubletrack). There are varying levels of hill climbs, fast flowing descents.

**Race Map:**

Race maps will be up shortly and also posted on the "Stream N Wood Cycling" Facebook group along with a GPX file.

**General Race Rules:**

- Pre-riding may only be done during the designated times for your category.
- Everyone riding on the course during scheduled Pre Ride/training times **MUST** have a current MCA general membership (or race license). Non members are not permitted to operate a bicycle on the course during scheduled event times.
- All racers must operate a bicycle with both front and rear working brakes.
- All racers must wear a safety approved helmet deemed appropriate for cycling **AT ALL TIMES** while riding (i.e. while training, racing, riding around the staging area etc.). No exceptions.

- Riders shall act and race with caution and respect for their fellow racers. They shall be held responsible for any accidents that they cause.
- Racers **MUST** present their license at the Registration/Check in table. Do not come to a race without your license. FYI, technically, the license is to remain on your person throughout the race.
- It is a racer's responsibility to know the race course and the number of required laps before the race starts. Marshals are not obligated to give out directions to confused riders.
- A racer must act in a sporting manner at all times and shall permit any faster rider to overtake without obstructing.
- If a rider exits the course for any reason, he/she must return to the course at exactly the same point from which they exited (i.e. do not cross over tape to reenter the course).
- Music players and electronic devices are **NOT** allowed by any racers during any events.
- Sleeveless jerseys are **NOT** allowed.
- You may only wear the jersey of a club or team to which you currently belong, i.e. do not wear a Pro team jerseys unless you are currently a member of that Pro team.
- The current defending Manitoba Cup winners should wear their Manitoba Cup jersey at Cup races. Previous years jerseys should not be worn by previous winners.
- Handlebars must have end caps. Kickstands should be removed. Water bottle holders must be secured in appropriate locations on the bicycle frame or seat post.
- Race plates must be secured to the handlebar so that the number can be clearly read by the Commissaires at the Finish line. Do not alter the plate in any way. Ensure the plate is not obscured by brake cables or bent such that the numbers are difficult to read from a distance. Ensure the bottom of the plate is secured so that it cannot flip up.
- Before the race, know exactly where the finish line is situated. Your finish time is recorded on the finish line. Do not stop your race until you cross the finish line. Once finished, exit the area immediately.
- The finish line is for finishers. Never cross the finish line twice.
- If you leave the race for any reason you **MUST** alert one of the Commissaires as soon as you are able. It is not fun to look for a "lost" rider who has left the race course unannounced.
- Glass containers are not allowed on the course, including the feed zone.
- Please walk your bicycle in the parking areas & any other road ways adjacent to the race site.
- Please walk your bicycle in the registration, spectator and staging areas.
- Please consult the UCI and [CCA](#) rules to see all applicable rules and regulations.

#### **Parking:**

Parking is available on site. **Note:** Riding bikes in the parking area is prohibited.

#### **Courtesy and Safety:**

The course is open and the public can access the course at any point. Signs will indicate that a bike race is in progress. Be aware that volunteer marshals do not have authority to prevent people from entering the course. Keep your head up at all times. Be courteous to others. No riding in the parking lot.

#### **Washrooms:**

A portable bathroom will be available on race day.