

# Ego-Cross Race Bible

Ego-cross is the second annual Cyclocross race hosted by the Alter Ego Cycling Club. It's the second race of the season and the first one during the day!

## **Where is it?**

At the South East Corner of the former Southwood Golf & Country Club (University of Manitoba). That's right...a golf course!

## **When is it?**

September 14, 2014

## **Who can race?**

Pretty much anyone who has a bike. UCI licenced racers (including citizen licence holders) will race in the A, B, or C races. There will be a kids race and the "newbies" (unlicensed racers) will get a chance to race in the "open race" as well. Bring your friends so they can feel the rush. We have insurance to cover them.

## **How do I register for this exciting event?**

- Online here <https://www.bikereg.com/25777> Online Registration Closes Friday, September 12th @ 9:00 PM  
\*Please note that Bikereg is an American company charging USD. This doesn't mean you pay more, since the processing fees are included in the registration cost (unlike last year, when you paid the processing fees). We anticipate the site to be set up for Canadian money next year. You will find it easy to use.
- In person, on race day; please download and fill out the **entry form** and **waiver**, and bring them to the race. If you come to the race without forms completed you risk missing your race due to congestion at the registration desk.

\*All licenced riders must show their 2014 race license to the commissaries.

## **How much is it?**

Cheap;

- \$25 for **licensed** racers. \$35 for same day registration (cash please).
- \$15 for **citizen** racers. \$25 for same day registration (cash please).
- \$25 for **unlicensed** racers. \$35 for same day registration (cash please).
- \$10 for Kids (14 and under). Same day registration only (cash please).
- Free for Kids (10 and under).

\*Please note that the nominal increase in fees this year is actually a development fee which the Cyclocross Committee has set up for all races. The money will be used for Cyclocross-related development, which will be better for everyone. This year, funds will be allocated for the new timing system.

## **SCHEDULE**

- 9:00 – Registration and sign-in. Registration opens at 9:00 and closes 30 minutes prior to your event, please arrive in plenty of time to register for your event
- 10:00 -- Open Race: unlicensed racers. Duration: 30 minutes
- 10:45 – Kids Event: U11 kids and younger, U13 kids with less racing experience; male and female. Duration: 20 minutes
- 11:30 – C Event: CX 4 male and female, U13 male and female and U15 male and female racers with less racing experience, and MCA citizen (male & female). Duration: 30 minutes.
- 12:30 – B Event – CX 3 male, CX 1/2/3 female. Duration: 40 minutes.
- 1:45 – A Event: CX 1/2 male. Duration: 60 minutes.

## **TECHNICAL INFORMATION**

Please note some new rules that will be enforced for this season. All racers in the 'A' and 'B' events (Cat 1/2/3 women and men) require a Cyclocross style bike. This means;

- Maximum width of tires = 34 mm
- Road style handlebars (NO straight bars)
- Maximum width of handlebars = 50 cm

## **ASSEMBLY AND SEEDING**

Riders in the C, B and A races will assemble 10 minutes before the scheduled race start and will be called to the start line in seeded order. Seeding is based on placement in the first three races of the 2013 season. Riders who have not raced yet will start at the back of their group.

You must initial beside your name on the seeding list when you sign-in or else you will start with the non-seeded riders.

## **PARKING**

Free parking is located on Lot Q (University of Manitoba campus). This lot is located due south of the race location. Access to the race location is across the street from the parking lot. Signs will be posted.

**Race Organizer:** Trevor Ketler, [tketler@gmail.com](mailto:tketler@gmail.com), 204.471.9771