



## COACH CERTIFICATION

The NCCP underwent a change in their coaching certification structure moving away from the old system of Level 1, 2, 3, etc to a coaching stream that is based on the type of athlete that you are coaching. As part of this transition, they gave credit to coaches who were trained in the old system so that they could maintain their certification in the new system.

Coaches that were certified in the old system are still recognized as certified coaches, with the requirement that they now must do **professional development training every 5 years** to maintain their old certification.

There are two levels of coaching (called streams) in the new system that are available to train in and become certified.

## THE TWO STREAMS OF COACHING

### **1.COMMUNITY INITIATION.**

This stream is geared towards introducing people to cycling and racing (examples: KOM program, cross labs.)

This stream has two course requirements :

- A.Community Initiation Classroom
- B. Basic bike skills.

This is not a discipline specific stream, rather an introduction to cycling in general. Once you have completed both these courses, you are a Community Initiation coach.

## **2.INTRODUCTION TO COMPETITION.**

This stream is geared towards athletes competing at the introductory level, such as the Provincial program Learn to race program or Devo Program.

This stream has 5 course requirements :

- A. Training Basics classroom #1
- B. Basic bike skills (same as Community initiation course)
- C. A discipline specific skills & tactics course (road, mtb, or bmx)
- D. A Training to Race classroom #2
- E. A 2nd discipline specific skills & tactics course (different from the first one you took).

Once you have completed the above courses, you are a "Trained" coach. You then need to complete a written and observation practicum with an Intro to Competition Evaluator to become a "certified" coach in this stream.

## **ADDITIONAL REQUIREMENTS**

Regardless of which stream you take, there are additional requirements that you must complete to become recognized as a coach in Manitoba. Please see the MCA Coaching Standards policy for details on these requirements. These are additional coaching requirements that Provincial Associations across Canada, Cycling Canada, and other sports all require for the safety of participants.

- Annual Requirements: Child Abuse Registry Check
- Every 3 Years: Criminal Record Check and Standard First Aid/CPR certification C
- Online Evaluations: Making Ethical Decisions and Respect in Sport

For more information on becoming a Cycling Coach in Manitoba contact:

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