



145 Pacific Ave  
Winnipeg, MB  
R3B 2Z6

Email: [Cycling.ed@sportmanitoba.ca](mailto:Cycling.ed@sportmanitoba.ca)

## 2013 MCA Awards Nomination Form

*One form per nomination please:*

### **Cyclo-cross Awards (2012 season)**

- Top Male Rider (Espoir or older)
- Top Female Rider (Senior or older)
- Top Young Male Rider (Jr. or younger)
- Top Young Female Rider (Jr. or younger)
- Rider of the Year
- Most Promising Rider
- Most Improved Rider
- Sportsmanship Award
- Volunteer of the Year
- Commissaire of the Year
- Organizer of the Year

### **Road Awards (2013 season)**

- Top Male Rider (Espoir or older)
- Top Female Rider (Senior or older)
- Top Young Male Rider (Jr. or younger)
- Top Young Female Rider (Jr. or younger)
- Rider of the Year
- Most Promising Rider
- Most Improved Rider
- Sportsmanship Award
- Volunteer of the Year
- Commissaire of the Year
- Organizer of the Year

### **Mountain Bike Awards (2013 season)**

- Top Male Rider (Espoir or older)
- Top Female Rider (Senior or older)
- Top Young Male Rider (Jr. or younger)
- Top Young Female Rider (Jr. or younger)
- Rider of the Year
- Most Promising Rider
- Most Improved Rider
- Sportsmanship Award
- Volunteer of the Year
- Commissaire of the Year
- Organizer of the Year

### **Kids of Mud Awards (2013 season)**

- Coach of the Year
- Volunteer of the Year

### **Provincial Program (2013 season)**

- Provincial Program volunteer of the year
- Erick Oland Sr Memorial Reward (Development Athlete)

### **General**

- MCA Lifetime Achievement Award



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Email: [Cycling.ed@sportmanitoba.ca](mailto:Cycling.ed@sportmanitoba.ca)

<i>Date:</i>	
<b><i>Person you are Nominating:</i></b>	
<i>Nominator's (your) name:</i>	
<i>Discipline (choose one: Cross/MTB/Road/KOM/Prov Program/General)</i>	
<i>Category (i.e.: Most Improved rider)</i>	
<i>Nominator's (your) phone number:</i>	
<i>Nominator's (your) email:</i>	
<p><b>Please explain why the nominee should receive this award. Refer to the MCA Awards Policy for award criteria and guidelines.</b></p> <p><b>Options include but are not limited to past season results and accomplishments, commitment to cycling in MB, leadership, support in coaching/officiating, youth development, volunteer efforts..</b></p> <p>○</p>	

Please email or mail this form to the MCA office (contact info above) by **September 30, 2013**