



Provincial Program Coordinator Annual Report
 Annual General Meeting
 October 20,2012

Submitted By:	Bill Gendron / Jayson Gillespie – Provincial Program
Accomplishments	
<ul style="list-style-type: none"> • Winter Training Facility was moved in November 2011 to the Sport for Life Centre (Sport Manitoba) Building, where the Provincial program will continue to train for the upcoming winter. • Sport Science services were fully integrated into the provincial program for this past season, making the following available to all provincial program athletes: Strength & conditioning, Nutrition, Sport Psychology, Physiotherapy, Massage Therapy. This was done in partnership with Sport Medicine Council of Manitoba and Sport Manitoba . Special thanks to support given to program by Chris Ciastko of Integrity Massage (http://integritymassage.ca/) • Two Training Camps were held this past season: 1) Penticton, BC from March 22-31, 2012 and 2) Falcon Lake, MB from August 6-9, 2012. Both camps had ~20 athletes participate. • Lindsay Argue was hired as the Assistant Coach to the Provincial program from May to October, 2012. She is part of the Women in Coaching Apprenticeship Program, and will be attending the 2013 Canada Summer Games as an apprentice coach. Partial Funding for her summer position was through two government grants – Canada Summer Job and Manitoba Green Team • Provincial Program Numbers continued to grow with a large increase in the number of Development program athletes. Total program numbers increased from 26 athletes in 2011 to 37 athletes in 2012. • Chris Prendergast was a member of a French club team (Veloclub Morteua VCCMM), won the Junior Men Canadian National Road Championship and was selected to the Canadian Junior National team that attended the 2012 World Road Championships in Limburg, NL • Leah Kirchmann was a member of Optum Pro Cycling presented by Kelly Benefit Strategies, won a Silver medal at the Pan American Road Championships in Argentina, was the top young rider at the Tour of Ardeche in France, and finished 21st at the 2012 World Road Championships in Limburg, NL • Karlee Gendron was a member of Specialized Mazda SGC, finished 3rd at the Elite Women Canadian National Criterium Championship. • Jayson Gillespie was selected as the National Junior Road Coach for the 2012 World Road 	

<p>Championships.</p> <ul style="list-style-type: none"> • 2011 Coach of the Year. Jayson was one of three finalists for the 2012 Coaching Manitoba – Coaching Excellence Awards in the Dr. Jack Hunt Learn to Train – Train to Train Award • Training Criterium Series was introduced this past summer that provided an opportunity for new road racers to learn how to Criterium race with coaching support & feedback. • Provincial Program attended many out of province projects this year: Bikes on Broadway, MTB Nationals, Junior Road Nationals, International Cycling Classic, and Laddies Loppet, Maplelag • Provincial program introduced two initiatives to increase the number of young athletes who are part of the development program: 1) Guest rides at KOM sessions, and 2) a Girls Only Day at Bur Oak. Both initiatives were lead by Lindsay Argue with goal of increasing number of female riders in the provincial programs • Manitoba Games (July 18-21, 2012). Great success with large number of Development Program athletes attending and taking top results. Special thanks to all region coaches & managers for their hard work to help athletes succeed and have a great trip. 	
Issues Resolved	
<ul style="list-style-type: none"> • Summer Assistant Coach hired to support program demands during busy summer months • Modification of MCA trailer was done to provide more efficient and effective use of space for usage and transportation of equipment. Additional modifications will continue this winter. • Introduction of Training Criterium series that provides a safer, more controlled environment for newer racers to learn to safely participate in Criterium races. 	
Goals for Next Year	
<ul style="list-style-type: none"> • Continue to hire a summer assistant coach • Replace MCA Van • Participate in more out of province projects – MTB Canada Cups, Alberta Superweek, Dairyland, Cross Nationals • Continue to host MCA races – Training Criteriums, Handicap races, Road Provincials • Podium finishes at Canada Summer Games in Sherbrooke, QC 	