

# Cross-Tastic 2010

Presented by FOG and Unicity Eye Clinic



Please print clearly

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Province \_\_\_\_\_

Postal Code \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

M

D

Y

Birthday \_\_\_\_\_

MCA Plate # \_\_\_\_\_

### Race

- A
- B
- Citizen
- Kids

### Kids Categories

- Under 13
- Under 11
- Under 9

### Sex

- Male
- Female

**Club Affiliation** (if any) :

**Date:** Sunday, October 24, 2010

**Location:** Whittier Park

### Registration:

Opens 12:00 a.m.

Closes 30 minutes before the start of your race.

### Start Times:

Kids: 1:00 p.m.

'B' and Citizen: 1:45 p.m.

'A': 3:00 p.m.

### Fee:

'A' and 'B': **\$17 cash only**  
exact change appreciated

Citizen: \$5 cash only

Kids: free

All fees are non-refundable.

For details and the most up to date information visit the  
Cross-Tastic web page:  
<http://superprestige.blogspot.com/>

\*Waiver must be filled out and signed .

### Refreshments:

Get into the 'cross atmosphere with free European sausages, coffee, and hot chocolate for racers and spectators.

### Prizes:

Over \$3000 in prizes including:

-3 Cyclocross Frames: by draw prize. Yes, three!

-TRP Euro-X brakes: by draw prize

-Autographed copy of *Cyclocross Training & Technique* by Simon Burney

-Eligibility: paying racers

-Winners must be present at time of draw

-Draws will be made after results are posted and the course is torn down and raked. The more hands helping the quicker it will happen.