



Menno Cross

September 28, 2019

B Men (Men)

winner: 36:42

Pos	Bib	Name	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	108	ANDRES, Ty	Men	36:42		7:20	7:10	7:20	7:27	7:26
2	130	MCOUAT, alexander	Men	37:05	0'22"	7:22	7:17	7:31	7:34	7:21
3	140	BROWN, Cody	Men	37:13	0'30"	7:20	7:20	7:31	7:41	7:21
4	149	SAWADSKY, Marc	Men	37:16	0'33"	7:55	7:29	7:11	7:24	7:17
5	113	HARRIS, Blake	Men	38:09	1'26"	8:03	7:28	7:33	7:25	7:40
6	104	OLENIUK, Trevor	Men	38:12	1'30"	7:47	7:33	7:40	7:35	7:37
7	138	CARROLL, Mike	Men	38:32	1'49"	7:48	7:48	7:48	7:32	7:37
8	169	STOJAK, Ken	Men	38:34	1'51"	7:41	7:46	7:46	7:46	7:36
9	129	KARLOWSKY, Kirk	Men	38:37	1'54"	7:58	7:42	7:35	7:42	7:40
10	103	KROEKER, Jordan	Men	38:38	1'55"	7:41	7:41	7:41	7:40	7:56
11	142	PAQUETTE, Gilles	Men	38:42	1'59"	7:46	7:40	7:45	7:48	7:43
12	159	SLYMKEVICH, Tommy	Men	38:47	2'04"	7:48	7:43	7:41	7:49	7:45
13	109	JANSEN, Karl	Men	38:55	2'13"	7:43	7:44	7:45	7:52	7:51
14	147	HUEBNER, Chris	Men	39:00	2'18"	8:02	7:40	7:43	7:50	7:45
15	117	ALGEO, Teagan	Men	39:02	2'19"	7:44	7:48	7:46	7:59	7:45
16	172	FRASER, Keelan	Men	39:03	2'20"	8:00	7:42	7:50	7:54	7:37
17	163	GUENTER, Jon	Men	39:27	2'44"	7:52	7:52	7:50	7:55	7:57
18	170	BEER, Darcy	Men	39:33	2'51"	7:57	7:46	7:51	8:02	7:57
19	125	ROY, Lucas	Men	39:41	2'58"	8:33	7:50	7:45	7:44	7:48
20	150	TIEDE, Steve	Men	39:44	3'02"	8:04	7:51	7:57	8:03	7:50
21	161	KETLER, Trevor	Men	39:45	3'02"	8:00	7:53	7:58	8:04	7:51
22	167	GERRARD, David	Men	39:56	3'13"	8:25	7:46	7:52	7:58	7:54
23	162	BARGEN, Tyler	Men	40:08	3'26"	8:37	7:52	7:45	7:55	7:58
24	116	SKOPALEK, Jiri	Men	40:14	3'32"	8:08	7:50	8:06	8:06	8:05
25	101	KARES, Petr	Men	40:23	3'41"	8:04	7:58	7:58	8:15	8:08
26	105	GELHORN, Russell	Men	40:24	3'42"	8:46	7:52	7:54	7:57	7:54
27	102	HELMS, Robert	Men	40:30	3'48"	8:19	7:57	8:02	8:10	8:03
28	126	AQUIN, Rheal	Men	40:39	3'56"	8:08	8:08	8:08	8:11	8:03
29	111	BARNABÉ, Sylvain	Men	40:40	3'57"	8:27	8:01	8:08	8:18	7:46
30	128	EPP, David	Men	40:50	4'08"	8:38	8:00	8:04	8:07	8:02
31	112	HOB DEN, Jeff	Men	40:53	4'10"	8:47	7:58	8:06	8:11	7:51
32	120	BLACKBURDE, Gordon	Men	40:56	4'13"	8:32	8:03	8:10	8:09	8:01
33	106	KROUPA, Jiri	Men	41:14	4'31"	8:30	7:59	8:07	8:15	8:23
34	174	FRITH, Kenton	Men	41:30	4'48"	8:22	8:03	8:18	8:28	8:19
35	145	ROSE, Don	Men	41:34	4'52"	8:34	8:09	8:11	8:25	8:15
36	164	HARRINGTON, John	Men	41:35	4'52"	8:22	8:22	8:22	8:18	8:11
37	158	ALGEO, Bill	Men	41:47	5'05"	8:54	8:09	8:09	8:28	8:08
38	168	HENDRICKX, Leon	Men	41:51	5'08"	8:25	8:25	8:15	8:28	8:17
39	157	CHENNELL, Dave	Men	41:55	5'13"	8:31	8:15	8:15	8:47	8:08
40	133	MALCOLM, John	Men	42:17	5'35"	8:44	8:18	8:18	8:37	8:20
41	118	KRAHN, Dustin	Men	42:27	5'44"	8:42	7:59	9:00	8:22	8:22
42	131	PORATH, Morgan	Men	43:04	6'22"	8:40	8:24	8:37	8:53	8:31
43	127	WIEBE, Graham	Men	43:20	6'37"	8:25	8:15	8:15	9:08	9:15
44	121	COLWELL, Rod	Men	43:28	6'46"	9:06	8:34	8:24	8:47	8:37
45	143	HEES, Darrell	Men	36:39	-1 lap	9:06	8:56	9:23	9:15	
DNF	136	LABUICK, Jarret	Men							
DNF	124	SOMERS, Chris	Men							



Menno Cross
September 28, 2019
B Women (Women)
winner: 37:07

Pos	Bib	Name	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	185	ROY, Caitlyn	Women	37:07		7:19	7:10	7:38	7:31	7:28
2	178	PETERS, Katherine	Women	37:53	0'46"	7:20	7:25	7:38	7:44	7:47
3	197	SAWATSKY, Mia	Women	38:12	1'05"	7:28	7:23	7:48	7:50	7:43
4	199	SCHAPPERT, Anna	Women	38:44	1'36"	7:40	7:40	7:49	7:47	7:48
5	175	GUENTER, Eryn	Women	39:08	2'00"	7:42	7:42	7:54	7:59	7:51
6	198	PENNO, Zoe	Women	39:45	2'37"	8:29	7:39	7:57	7:51	7:48
7	192	BANMAN, Christina	Women	40:21	3'13"	8:21	7:51	7:54	8:14	8:00
8	188	GUENTER, Charlene	Women	40:52	3'45"	8:35	7:58	8:04	8:10	8:05
9	191	DALLING, Maia	Women	41:39	4'31"	8:21	8:08	8:19	8:30	8:20
10	180	MCSHERRY, Karin	Women	41:53	4'45"	8:40	8:15	8:17	8:28	8:13
11	179	FILLION, Twila	Women	38:02	-1 lap	9:49	9:14	9:31	9:29	