

MennoCross 2019 Race Bible

Race Organizer: Christopher Neufeld, neufeldc@hotmail.com

Race Date: Saturday Sept. 28th, 2019

Race Formats: CX Race – Mass start with your category. Time and laps depend on category.

Location: Canadian Mennonite University 500 Shaftesbury, Blvd. Winnipeg, MB

Times:

- 9:30am – **Course Opens for riding**
- 9:30am – **Registration and sign-in.** Registration closes 30 minutes prior to your event, please arrive in plenty of time to register for your event. Registration will take place inside the main entrance of the university (same as last year).
- 11:00am – **Open Race** All non-licensed participants can only race in this event. It is also open to whoever wants to race it. Duration:30 minutes
- 12:00pm – **Kids Race 1 – Younger Kids**
- 12:20pm – **Kids Race 2 – Older Kids**
- 1-1:30pm – **Course is open for pre-riding**
- 1:30pm - **C Event:** CX 4 male and female, and MCA citizen. Duration: 30-40 minutes
- 2:45pm – **B Event:** CX 3 male, CX 1/2/3 female. Duration: 40-50 minutes
- 4:00pm – **A Event:** CX 1/2 male. Duration 60 minutes

Registration: Race day walk up

- Registration opens at 9:30am and ends 30 minutes prior to your event.
- You must hold a UCI/CCA racing license or an MCA citizen license to race in the C, B, or A events.
- Registration & Waiver Forms are available at the race site.

Costs:

All A, B, & C events (UCI/CCA/MCA license holders, including Citizen): \$30 pre-registration; \$40 for race day - cash only

Open Race: \$30 pre-registration; \$40 for race day – cash only

Kids Races (modified kids course): **Pre-registration is free, \$10 for race day registration**

Race Course:

The course will be between 2.5 and 3 km in length. The length will be determined by the weather for that day. The surface will be a combination of grass, dirt, and gravel. The course is a combination of rolling and flat sections.

Race Regulations:

- All racers bikes must operate a bicycle with both front and rear working brakes.
- All racers must wear a CSA approved helmet while riding on OR off-course (even the parking lot).
- Riders shall act and race with caution and respect for their fellow racers. They shall be held responsible for any accidents that they cause.
- Racers must have their license with them at all times during a race event.
- A racer must act in a sporting manner at all times and shall permit any faster rider to overtake without obstructing.
- UCI/CCA/MCA license
- A and B events (CX1/2 Men, CX3 Men, and CX1/2/3 Women) must have a cyclocross style bike (tires max 35 mm wide, road style handlebars NOT straight bars, max width of bars 50 cm).
- Riders in the C (CX4 men, CX4 women, and citizen racers) and Open events will still be allowed to use mountain bikes that conform to UCI MTB standards (i.e. no bar ends, no studded tires, at least two functioning brakes, no aero bars, etc.)
- The organizer and/or officials retains the full right to refuse any racer from racing.

Please consult the [UCI](#) and [CCA](#) rules to see all applicable rules and regulations

Parking:

Parking is available at the site. Please park on the west side of the parking lot north of 500 Shaftesbury Blvd.

Courtesy and Safety:

Please note that the Race will be happening in conjunction with CMU's Fall@CMU, so there will be plenty of other people around – some may not realize there is a race going on so keep your eyes open and watch out for pedestrians!

Lunch:

There will be a \$3 BBQ lunch served from 11:30am-1:30pm as part of Fall@CMU. They do not have an unlimited supply of food, so if you are counting on this for food make sure you get there early. There is also a café in folio which is in Marpeck Commons (our new library building) at the South end of the race course.

Washrooms:

Washrooms will be available inside the university.