

## 2018 Handicap Road Races

**Host Club:** Manitoba Provincial Cycling Program

**Race Organizer:** Jayson Gillespie

**Phone #:** 204-333-5503

**Email:** cycling.coach@sportmanitoba.ca

**Dates:** 1) Thursday, May 31, 2018  
2) Wednesday, August 8, 2018

**Location:** Bird's Hill Park Large Loop (staging is in the East Beach parking lot)

**Driving Directions:** Birds Hill Park - enter the Park and take South Drive to the East Beach parking lot.

**Eligibility:** The race is open to all riders with a valid UCI/CCA/MCA race license. MCA citizen license holders are eligible to race in the Citizen category only.

To purchase a UCI/CCA/MCA license visit [www.mbcycling.ca](http://www.mbcycling.ca) and click License Registration on the right sidebar.

**REGISTRATION INFORMATION:** You must register for this race in person; no online registration. You MUST present your UCI license at time of registration.

**Pre Registration:** Not available.

**Race Day Registration:** On site registration will be from 6:15 pm – 6:45 pm.

**COST:** All categories (day of registered): \$15

### **RACE INFORMATION**

**Race Start Times:**

- 7:00 pm (sharp) – Cat 5 start
- 7:08 pm – Cat 4 start
- 7:15 pm – Cat 2/3 start

**Race Course:** 4 laps – 44.6km – estimated finish time is 8:25 pm

(Note: Departure times may change slightly at the discretion of the race organizer and commissaire depending on turnout amongst other factors)

The riders will have a 25kmh neutral start to the bottom of the first climb where the neutral vehicle will move out of the way and the racing will begin;

The finish line will be at the Pan Am start/finish line.

The timing will start at the end of the neutral zone; the commissaires' timer is the final time.

**Prizes:** Top 7 riders will be awarded based on the number of registered participants

Post Race Drinks and food available for all!

## **SAFETY AND EQUIPMENT**

### **Equipment:**

- Traditional road bikes will meet UCI guidelines. And are the only bikes allowed in this event.
- Commissaires have the discretion to disallow the use of any equipment they consider unsafe.

### **Some regulations of note:**

- The front tip of the seat must be at least 5 cm behind a vertical line passing through the centre of the bottom bracket.
- A single race number must be pinned to the back of each rider's jersey (as opposed to the usual two for road races). If you do not have a number, you will be assigned one at check-in. You will be instructed as to the proper location on race day.
- Juniors must use UCI junior gearing.

**Washrooms** are available at the east beach.

Any questions can be answered by emailing the organizer whose contact info is at the start of this document.