**2018 BHP ITT**

**Host Club:** Manitoba Provincial Cycling Program

**Race Organizer:** Jayson Gillespie

**Phone #:** 204-333-5503

**Email:** cycling.coach@sportmanitoba.ca

**Date:** Wednesday, August 8, 2018

**Race Loop & Start:**  Bird's Hill Park Large Loop (Start is at the top of Pan Am hill)

**Driving Directions:** Birds Hill Park - enter the Park and take South Drive to the East Beach parking lot.

**Eligibility:** The race is open to all riders with a valid UCI/CCA/MCA race license. MCA citizen license holders are eligible to race in the Citizen category only.

Non-MCA licensed: You can also participate for an extra $10 for insurance

To purchase a UCI/CCA/MCA license visit  [www.mbcycling.ca](http://www.mbcycling.ca) and click License Registration on the right sidebar.

**REGISTRATION INFORMATION:** You must register for this race in person; no online registration. If you are an MCA member, you MUST present your MCA license at time of registration.

**Pre Registration:** Not available.

**Race Day Registration:** On site registration will be from 5:30 pm – 6:30 pm.

**COST**: MCA licensed: $15; NON-MCA members: $25

**RACE INFORMATION**

**Race Categories:** Race is open to UCI licensed men and women, Cat 2/3, Cat 4, Cat 5, and Citizen License holders.

Races are also open to riders who do not have a UCI license.

**The Race:**

* 7:00 PM start (riders will leave in 0:30 or 1:00 intervals)
* The park will not permit any vehicle parking in the start/finish area
* One lap = 11.3kms
* At sign-in, you must choose your distance for that race : 1, 2 or 3 laps
* Parking & Registration at East Beach
* Start/finish along the Pan Am Start (South Drive)

**Prizes**: Top 3 Male and Female riders of each distance will be awarded based on the number of registered participants

**Snacks**: Post Race Drinks and food available for all in the east beach parking lot after the each race

**SAFETY AND EQUIPMENT**

**Equipment:**

* Time Trial bikes are permitted for this event.
* Commissaires have the discretion to disallow the use of any equipment they consider unsafe.

**Some regulations of note**:

* A single race number must be pinned to the back of each rider’s jersey (as opposed to the usual two for road races). If you do not have a number, you will be assigned one at check-in. You will be instructed as to the proper location on race day.
* Juniors must use UCI junior gearing.

 **Washrooms** are available at the east beach.



East Beach Parking Lot

Pan Am Start /Finish