

Cycling Coach Training (NCCP) Pathways

If you want to coach...

Then you should take these workshops:

National Level Racers
LTAD: Train to Compete
Prov/Terr Team programs

Performance
Cycling:
Analyzing &
Planning
Performance
2.5 days

+

Competition
Development:
6 multi-sport
Modules
6 days

+

Performance
Cycling: Camp &
Competition
EVALUATIONS

Competition
Development

Prov/Terr Level Racers
LTAD: Train to Train
Club programs

Ready to Race
Training to Race
2 days

+

Ready to Race
Skills & Tactics
1 day

+

Ready to Race
EVALUATION

Ready to Race!
Introduction to Competition

Novice & Club Racers
LTAD: Learn to Train
Club programs

Ready to Race
Training Basics:
2 days

+

Basic
Cycling
Skills:
1 day

+

Ready to Race
Skills & Tactics:
1 day

Let's Ride!
Community
Initiation

Initiation to Cycling
LTAD: FUNdamentals
Community programs

Let's Ride!
Community
Initiation:
1 day

+

Basic
Cycling
Skills:
1 day

=