



# KOM Program First Aid Qualifications

## AMENDMENT TO COACHING STANDARDS POLICY

### **Purpose:**

This is an amendment to the current Manitoba Cycling Association (MCA) Coaching Standards Policy. It outlines the First Aid training requirements for Kids of Mud (KOM) clubs within the organization. As there are multiple coaches and volunteers within each club, this policy will outline the minimum level of certification allowed.

### **First Aid Qualifications:**

Each coach must still have first aid certification. In the case of a KOM program, each program is allowed to maintain a 1 in 3 ratio (in relation to the number of participants) of coaches certified in Standard First Aid vs. Emergency First Aid. Some of the first aid providers are allowed to be volunteers. Each club must also continue to maintain the appropriate coach to kid ratio (1:10).

#### **Example 1:**

1. # of KOM club participants: 19
2. Minimum # of coaches required: 2
3. Minimum # of Standard First Aid providers required: 1
4. Minimum # of allowable Emergency First Aid providers: 1

#### **Example 2:**

1. # KOM club participants: 47
2. Minimum # of coaches required: 5
3. Minimum # of Standard First Aid providers required: 2
4. Minimum # of allowable Emergency First Aid providers: 3

*"Approved by the Board of Directors of the Manitoba Cycling Association by motion at a Board meeting held on February 23, 2011"*