

# Coaching Standards Policy



## **Purpose:**

The purpose of this policy is to set out the guidelines of coaching standards, for affiliated Clubs and Members associated with the Manitoba Cycling Association (MCA). Coaches must have the following to allow for a Coach accreditation to appear on their Manitoba Cycling Association license and to be an active coach at an MCA sanctioned event representing your club or in any one of the MCA's programs including; Kids of Mud, Junior Development, Provincial Program.

## **Guidelines:**

Coaches must submit copies of all documents to the MCA office for our records.

## **Qualifications:**

For more information as to what level of Coaching you or your club should have please visit the Coaching Information section of the MCA website.

### **1. MANITOBA CYCLING ASSOCIATION MEMBERSHIP**

- A minimum of General Membership obtained through the MB Cycling Association

### **2. COACHING CERTIFICATION:**

- A minimum Trained status of National Coaching Certification Program (NCCP) **Let's Ride! Community Cycling Initiation** (*non Competition*). Includes:
  - Community Initiation (Let's Ride) - Classroom
  - Basic Cycling Skills
  - NCCP Making Ethical Decisions (online evaluation)
  - Sport MB Respect in Sport (online evaluation)

OR

- A minimum Certified status of National Coaching Certification Program (NCCP) **Ready to Race! Introduction to Competition** (*Competition*). Includes:
  - Training Basics - Classroom
  - Basic Cycling Skills
  - MTB, Road, BMX Skills and Tactics
    - two courses, in separate disciplines
  - Training to Race - Classroom
  - NCCP Making Ethical Decisions (online evaluation)
  - Sport MB Respect in Sport (online evaluation)

OR

- A minimum Certified status of National Coaching Certification Program (NCCP) **Level 1** (*pre 2009*). Includes:
  - Technical skills course in either Road or Mountain
  - Theory course or Multi-Sport competition A
  - 1 year practical coaching and sign off by Provincial Sport Organization
  - NCCP Making Ethical Decisions (online evaluation)
  - Sport MB Respect in Sport (online evaluation)

3. **STANDARD FIRST AID AND CPR CERTIFICATION C**
  - Minimum requirement: related equivalency will be accepted
  - Re-certification completed every 3 years
4. **CRIMINAL RECORD CHECK**
  - Completed every 3 years
  - Approved by the MCA
5. **CHILD ABUSE REGISTRY CHECK**
  - Completed every 1 year
  - Approved by the MCA
6. **PROFESSIONAL DEVELOPMENT**
  - Every 2 years in the form of Coaching Seminars or Cycling NCCP Ready to Race! Courses.

**NOTES:**

1. *Coaches who are trained in the New NCCP module will have Professional Development criteria set out by the CCA. More details can be found under the Coaching Information section of the MCA website.*
2. *Coaches who are in the Old NCCP coaching module must transition to the NEW NCCP module by January 2013. MCA will make coaching courses available each year to assists in re-certify these coaches.*

*“Approved by the Board of Directors of the Manitoba Cycling Association by motion at a Board meeting held on February 23, 2011”*